

FREE SPIRIT

May 2019



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Journal your way to Success

PLUS

May Horoscopes

Reader Profiles

Spice Girls

Is Girl Power
alive and kicking?

discover your future, release your past

Editor's letter

We start off this edition wishing you a Happy Beltane – another way of saying May Day! This whole newsletter has the feeling of Spring.

Spending time in nature and your own garden can be very uplifting in the month of May, even more so if you encounter a Faery! But did you know there are five different groups of these magical beings?

Learn about the medicinal benefits of common herbs on page seven – from Basil to Sage to Coriander... Also, on the health front, we delve into breathing, most of us as adults are breathing in a way that puts stress on the body and modern living is often to blame.

We check back in with readers Michaela, and Jim, both of whom have great abilities to show you how to turn your life around. If you need a push in knowing the best route to success then why not give journaling a go – but in a focused way. Learn how, on page six.

Have you ever had a weird dream, and wondered what the snippets mean? Well, we explore some of the most common themes.

We also investigate Twin-Flames, very often confused with Soul-Mates, if you want to know the difference, then turn to page thirteen.

Last but by no means least, you will have noticed our cover stars, the Spice Girls, or four of them at least – it's time to brush off 'Girl Power'!

Charlotte

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Choose a reader to begin your journey

Pick from our many talented psychics, all with different techniques



Holly

PIN: 8080

Holly is a kind, compassionate psychic, she specialises in relationships, using Runes and the Law of Attraction. Holly offers a non-judgemental reading that allows you to take control of your life and make sense of things.



Jasmine

PIN: 5115

Jasmine is a clairsentient, clairvoyant medium; she has been working with her guides for 35+ years. She is a natural healer and has a special affinity with animals. Jasmine is able to transfigure spirit and loves the crystal ball, healing runes and numerology.



John

PIN: 5152

John has been a medium for over eleven years, he offers a kind and calm approach. John sometimes use Tarot or Angel cards in a reading; his aim is to provide answers that enable folk to move on with their lives, having gained a sense of closure.



Marcus

PIN:9399

Marcus comes from a family of clairvoyants; he provides dependable, informative readings and as such many return for further guidance. He is an honest reader who spiritually comes alongside a person and gives them caring, loving advice and support.



Mary

PIN: 5055

Mary is a naturally sensitive and an intuitive psychic, medium and clairvoyant. Energy readings are one of her specialities; she can pick up on emotional, physical and psychological blocks without hesitation. All of her readings are straight to the point.



Monique

PIN: 2321

Monique is a third-generation clairvoyant who can offer you a reading focusing on many aspects of your life. Using images and natural intuition to provide a thorough reading, Monique wants to give guidance and enlightenment to everyone she reads for.

All calls are recorded; the caller must be 18 or over and have the bill payer's permission.

Readings under UK law are deemed to be for entertainment only. Helpline: 0121 737 5574.

Reader Profile

Michaela

PIN: 3232



I was twenty-one years old and at my lowest, all hope seemed gone, when I reached out to Spirit and received my first spiritual experience and this brought an awakening to spiritual things.

Spiritual experiences began happening more and more frequently, and came powerfully during a seven-year period when I had seven bereavements one followed by another. During this period my partner left me without explanation, and without money, job or home. These experiences gave me insight, strength and empathy for others who find themselves in difficulty, and they assist me in turning negatives into positives.

Being a private person, however, I didn't ask anyone about my spiritual experiences until I met a mystic who gave me explanations. She became my mentor for five years and I learnt a great deal from her.

One day I went to a Tarot reading with my friend and was told that I would be able to do readings for others. Shortly after, I needed a part time job whilst at college, I walked into the job centre and the first notice I spotted for a position as a Tarot Reader! I applied immediately, was successful and stayed with the company for seven years, and I then went on to join Psychic Light.

Over the last twenty years I have given readings to men and women of various backgrounds, including other psychics and mediums and my work allows people to see their present and future challenges and achievements. I get a lot of people asking about new relationships and relationship issues but whatever the enquiry is about whether family, work or a new adventure, I always ask for guidance from angels, in particular Archangel Michael.

Testimonial:

Michaela said to me that my relationship was just going through a sticky patch, so I stayed with my husband and she was right. Then she said that I would lose my job very soon but that I shouldn't worry as another job was just around the corner, I said 'no way', the next week I was told that I was going to be made redundant and 2 weeks later I was offered another better job!

Cathy

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We would love to receive your feedback following a reading, you can do this via our website, scroll to the footer and click 'REVIEW A PSYCHIC' under 'CONTACT'.



Blessed Beltane

Whilst Beltane may have largely died out by the mid-20th century, we can still celebrate the message of new beginnings that May Day offers.

Spring Equinox was seen by the Celts as a time of regrowth and renewal, a harvest period that celebrated fertility and a coming to fruition of seeds sown earlier.

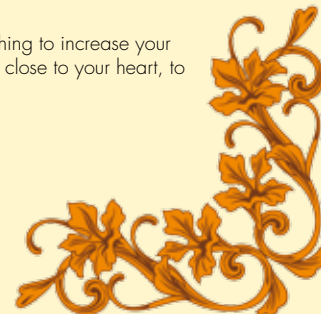
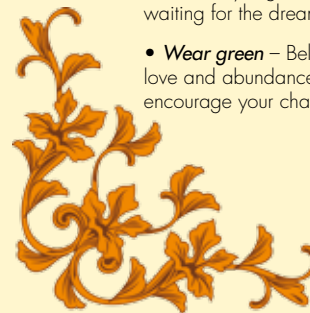
So, now in life we can use this ancient celebration to review the hopes and dreams we had for 2019, and see if our plans are on their way to fulfilment. If they are not, then we can sow new seeds of hopes and dreams during this magical time harnessing the Earth and Sun.

Things you might not know about Beltane

- The 1st May was a festival of the Shining God – Belenos, his role was to ensure fertile and healthy land that was disease free.
- A lot like Samhain (Halloween), this time of year also encourages the veil between our world and the next to become thin, so that intuitive communications are that much stronger.
- Beltane was a fire festival, there were many reasons for the fire:
 - Spring cleaning – in the sense of cleansing herds of insects and animal winter bedding.
 - Bale Fire – meaning funeral fire, traditionally built from nine different woods, that cumulate in a growing light that symbolises the coming of a strong summer.
 - Farmers may have guided female cattle through the fires to encourage fertility, and people would jump over them to help their own fertility as well as their finances and luck.
- The May Day period is considered to be prosperous. Herbs, trees and flowers were often associated with different ways of boosting luck. For example, Birch for abundance and love, Hawthorn for attracting a partner, increasing sexuality and ultimately fertility, and Rowan for protection and healing.
- In 1644 Parliament actually banned maypoles and dancing around them and other Beltane celebrations. Puritans were enraged by the maypole symbolism!

Things to try this May Day

- **Make oatcakes** - known as 'Bannocks', these were made to bring in abundance for the coming year.
- **Make a wish** - attach a piece of clothing by way of a symbol of your hearts-desire (traditionally to a Hawthorn tree). Leave it on one of the branches, whilst saying out loud what you wish for. Traditionally a gift was offered at the base of the tree against the bark – then it is just a case of waiting for the dream to come true!
- **Wear green** – Beltane is of course a festival of nature. Wear green clothing to increase your love and abundance. To enhance things further attach a sprig of greenery close to your heart, to encourage your chakra.



Journal your way to Success

If you have never kept any type of diary, then the idea of 'journaling' may be a little strange, but there are many benefits to spending a small amount of time journaling in a focused way.

Rather than randomly writing what has happened to you, or your thoughts, hopes and dreams for the future like you might in a diary, focused journaling suggests that you take a topic and explore it. Over time the hope is that you get clarity on things that have bothered you, and appreciation of how far you have come, and renewed purpose for the days ahead.

How often you journal, and for how long is up to you. Here are some suggested prompts for the coming months.

May

- Thinking about the last year, what have been the hardest parts for you. Despite any difficulties, what things can you identify to show gratitude for?

June

- Thinking about the year ahead, can you put into 'one word', what encapsulates what you want for yourself?

July

- When you imagine the very best version of yourself – your most authentic true being (that perhaps only you know), what does that look like?

August

- When you think about your life, who has been there for you, whole heartedly and with grace. How has their presence in your life impacted you? Is there anything or anyone in your life that is holding you back?

September

- Thinking about freedom, can you describe scenarios in your day-to-day life that allow you to feel a sense of being free?

October

- If you were thinking about past hurts, are there things that you could do with moving on from? In these scenarios are there people you need to forgive?

November

- What changes have you made to your life, that have had a positive impact? Are you able to make a promise to yourself to continue doing them?

December

- Take time to look over 2019, and appreciate how far you have come and how much you have achieved.



MEDICINAL HERBS

Many of us will buy herbs on a weekly basis at the supermarket, you may even grow them in pots on a windowsill or in your garden; but what you might not realise that as well as making your cooking extra delicious, they have many healthful properties that have been used for centuries to boost well-being and cure ailments.

Here we explore some of the most common culinary herbs:

BASIL

- Aids optimal digestion
- Remedy for headaches
- Helps with insomnia

The oil from the leaf (Eugenol) has anti-inflammatory properties

Use at the last minute, so the leaves don't turn black.

CORIANDER

- Fights nausea
- Balances blood sugar levels
- Antibacterial and detoxifying

The seed as opposed to the leaf have cancer fighting antioxidants like apigenin, quercetin and kaempferol.

Use the seeds in cooking, but use the herb leaf as a dressing/garnish or in a juice.

PARSLEY

- Effective for constipation
- Useful for the bladder and kidneys at relieving inflammation
- As a general tonic for the body

Parsley is rich in vitamin K an essential component for healthy bones.

As well as use in hot/cold dishes, it can be chewed raw to help digestion and as a breath freshener.

ROSEMARY

- Strong antiseptic properties
- Relieve sore throats and help with gum health
- Fights inflammation (from the caffeic and rosmarinic acids)

The oils from Rosemary can have a sedative effect which calms nerves and even stomach aches.

Rosemary stems are great used in marinades and to infuse flavour in meats before roasting. But can also be used to create a medicinal tea.

SAGE

- Hormonal balancing
- Mild diuretic
- Helps with mild bugs like stomach upsets and catarrh from colds

Its antioxidant properties have been shown to improve concentration and memory.

Can be used raw, cooked or as a dried herb. Try infusing the herb in honey, for use in cooking or as a tea.

THYME

- Great for cold or flu symptoms
- Colic in babies
- As a general tonic and digestion aid

It has great antibacterial properties, and when used as a tea, it is very helpful for gum disease and sore throats.

Try crushing the herb and using as a dressing with oil and vinegar. It can also make meat more digestible with its high iron content.



SPICE UP YOUR LIFE!

If you have picked up a newspaper in recent weeks, and in looking for some light relief in between Brexit coverage, you have probably seen that the Spice Girls are touring once more.

Their Success

If you are of a certain generation, then you will be well-versed in the phenomenon that was the Spice Girls. They burst on to the music scene with their debut single – Wannabe in 1996. Yes, it really was 23 years ago! The single released by Virgin Records, was number one in 37 countries. The album, titled 'Spice' followed and sold 31 million copies.

Their continued success cemented them as the best-selling female group in history of all time, rivalling the success of other British band The Beatles.

The members

Of course, originally there were five members: Melanie Brown (Scary Spice), Melanie Chisholm (Sporty Spice), Emma Bunton (Baby Spice), Gerri Halliwell (Ginger Spice) and Victoria Beckham (Posh Spice). But as you will note from the front cover, only four members of the original line-up are doing the next tour. With Victoria Beckham preferring not to take part, with her family and other business ventures keeping her busy. If stories are to be believed, it would seem Victoria and their original manager Simon Fuller will still make money from the tour despite not having active roles this time around.

Controversy

Much of the success of the girlband, was as a result of their ideology – 'Girl Power', so it is interesting now, that Melanie Brown has carried out recent interviews saying that Gerri and her had a year long lesbian affair. Something that Gerri has since felt compelled to deny.

Melanie Brown is no stranger to causing controversy, and her personal life has certainly had plenty of exposure in the press in recent times. But it was seen as a surprise by many that she would rock the boat so close to the tour, knowing full well that she would cause embarrassment to Gerri who has since married and forged a much more civilised life far away from her previously raucous persona. The surprise has centred around the fact, that out of the group Mel B is seen as the most likely to need the money that the tour will provide.



It would seem that the revelations have not put a damper on the UK tour, but this may well have more to do with their contractual obligations and an inability to pull out, as opposed to a real drive to move ahead as planned. There was talk of a world tour taking place after, but at the moment it looks as if that is off the table. The band is no stranger to disagreements, and maybe the original peacemakers Mel C and Emma Bunton can work their magic once more.

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Spice World – 2019 Tour

The tour begins on the 24th May 2019, with the first concert taking place in Dublin, and ends on the 15th June 2019 in London.

It has been suggested that some of the Spice Girls songs will be updated, to ensure they fit in with the #metoo era and are fully inclusive.

www.thespicegirls.com/
www.facebook.com/spicegirls



Interpreting dreams is as old as time, once described as nocturnal visions, the communications received were considered to be messages from gods. Many of the dreams we have will be weird and wonderful, and we may only remember snippets of information. You might be surprised how many of us dream of common scenarios and that they have specific meanings behind them.

Here we explore some of the most common dreams:

Sinking/Falling

Most people will experience a sinking or falling dream at some point in their lives. These sensation dreams normally occur when you are feeling overwhelmed in day-to-day life. It literally means you are lacking in support.

Flying

In contrast to a falling dream, is a dream that you are flying. There are many interpretations, depending on how you are flying – on a plane, like a bird etc. But broadly speaking there are two meanings. Either a sense of freedom, or a feeling of needing to escape.

Trapped

Experiencing feeling trapped in a dream, can be interpreted in life quite literally. You feel stuck, as though you can't escape and are struggling to make the right decisions.

Naked

Being naked in a dream, is also very common. The sensations in life it is replicating is one of feeling vulnerable and exposed. It can also mean that you are carrying a secret and that you worry about that secret coming out. Or that you sense your friends are being deceitful.

Running Away

In your dream if you are running away or even are being chased, then it means that someone or something in life is making you feel threatened, and you really want to get away from the person or situation.

Death

You might imagine that dreaming of someone dying in a dream is a premonition of some sort, but in actuality it normally means you are coming to terms with something that has happened already, or you are going through a transformation of some kind.

Exams

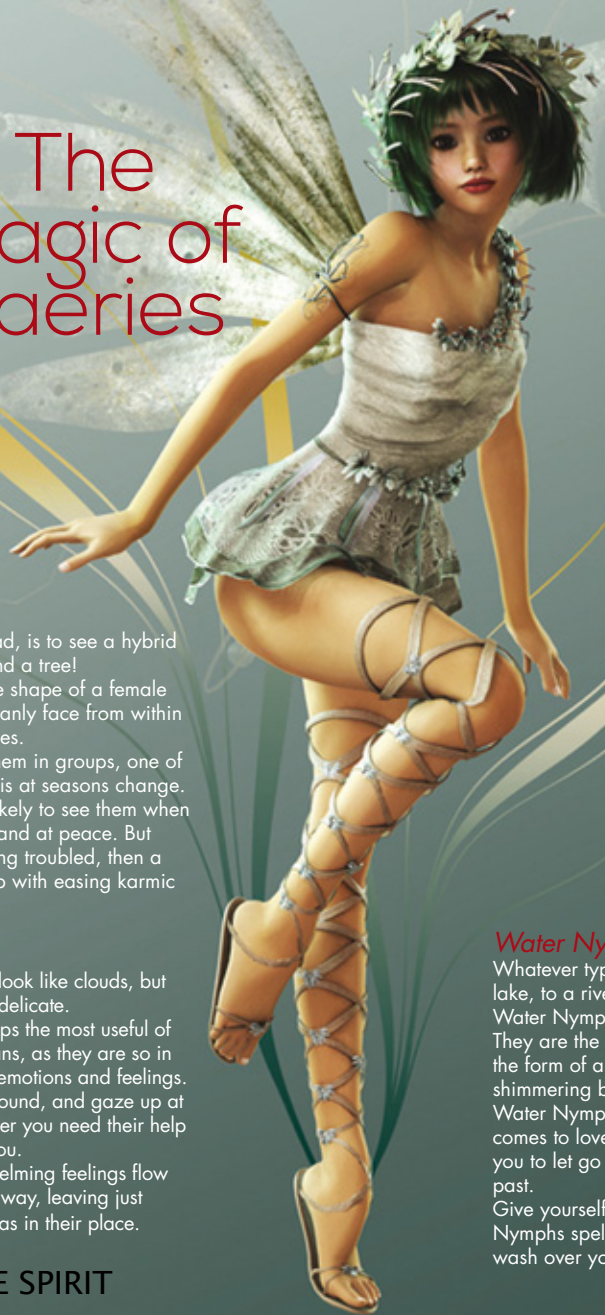
Dreaming of tests when you are well past exam age, may not think what you imagine. Normally it means that you are inspecting a part of your life (the dream will likely tell you which area). You may be uncertain about something that is upcoming, having a sense of being not ready and unprepared.

As children we often read about fairies, otherwise known as faeries, but as you age you often lose the magic and enchantment that the fey folk can bring to your life. This spring, why not bring magical faeries back into your life and if you have children introduce a new generation to these ethereal beings.

Not everyone is able to see faeries, but those lucky enough to do so, are likely to be those most connected to Mother earth and nature, and may even have a special place in their garden where they connect to the elementals.

You may not realise, but just like angels, there are different groups of faery beings, all with their own quirks and foibles. Read on, to get to know the different mystical creatures that may cross your spiritual path...

The Magic of Faeries



Dryads

To look at Dryad, is to see a hybrid of a woman and a tree!

Look out for the shape of a female outline or womanly face from within a tree's branches.

You may see them in groups, one of the best times, is at seasons change. You are most likely to see them when you are calm, and at peace. But if you are feeling troubled, then a Dryad can help with easing karmic energy blocks.

Sylphs

Sylphs literally look like clouds, but they are oh so delicate.

They are perhaps the most useful of faeries to humans, as they are so in touch with our emotions and feelings. Take to high ground, and gaze up at the sky whenever you need their help in grounding you.

Let any overwhelming feelings flow over you and away, leaving just bright fresh ideas in their place.

Pixies

Pixies are pretty beings, seen in the garden or green spaces, made of all things nature – moss, sticks, mud...

These special creatures like a tidy home, and they stay in their special places for hundreds of years. Help out by tidying your homestead as the seasons change.

When you need to purify a space, call upon the Pixies, they easily clarify an atmosphere.

Salamanders

You will most likely see a Salamander through some sort of fire embers, it could be candle light, a wood burning fire, a garden fire bowl, but also lightening and even sunlight.

Watch the dancing, curling, dragon-shape forms.

Salamanders are spontaneous by nature. Call on them when you need their main characteristics – loyalty, courageousness, fierceness, passion, joy, family and community spirit.

Water Nymphs

Whatever type of water you are near, from a lake, to a river to a stream, you may encounter Water Nymphs.

They are the most likely faery to take on the form of a female – think translucent and shimmering bodies and long flowing hair.

Water Nymphs can be most useful when it comes to love and relationships, they can guide you to let go of emotional attachments of the past.

Give yourself up to the water and let the Nymphs spellbinding and seductive powers wash over you.

Reader Profile

Jim

PIN: 3151



Being an adopted child, I cannot say for sure if any psychic/spiritual gifts are inherited. What I do know is that I have been on the pathway of life for nigh on forty years. I was introduced into the spiritualist churches by my late wife in 1978, and have worked on platforms and done public demonstrations alongside some well-known and distinguished mediums in the North West of England.

My first experience was somewhat of a traumatic experience sometime around 1980, when I was asked by a young lady to interpret a dream. I gave her some relevant facts and was surprised that I ended up pleading with her to leave the shop in which she worked, I never saw or heard from her again. A few months later she was stabbed and killed at a robbery in the shop she worked. A couple of months later I saw her mother on a crowded bus, I was urged by the daughter to tell her mother she was okay, I could not do it - wrong time and wrong place, but it taught me to control my gifts.

In August 1982 my wife died in childbirth, and in October 1982 I did my first church service as a guest medium, I said to a friend how proud my wife would be of me. At the end of the service I was given such startling evidence of my wife's spiritual existence that ever since my belief in the spirit world has been unbreakable.

I believe that the knowledge I have gained through my personal and spiritual life is invaluable when it comes to advising others and all my readings are geared to advising, but allowing the individual to make their own decisions.

Most of all though I thank God that although I cannot do church services now as often as I would like; I am still able to be of service to people thanks to Psychic Light.

Testimonial:

I've not spoken to Jim before, I found him to be straight to the point. We talked about decisions; my deceased mother and father came through. The messages that he passed on made sense and the situation that I'm in resonated with the reading. Thank you, I feel more settled after your reading and clearer on a way forward.

Fiona

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just breathe

I know what you are thinking, why do I need to read an article on breathing, I know perfectly well how to breathe. I just breathe in and breathe out – all done!

But and this is a big but – we are all breathing, but many of us are not breathing as well as we could, and in many cases modern day living is hampering how we breathe.

Statistics show that as many as 9 out of 10 of us are breathing in a way that works against our anatomy. We need to get back to breathing as we did when we were children!

Did you know that sitting at desks, our posture, feeling stressed and even how we dress can all impact how we breathe? In fact, activities like using social media, texting/ emailing can cause us to actually hold our breath!

Very often the way we breathe reflects how we feel in that moment, so when we are stressed, our anxiety levels are high, our heart rate raises along with blood pressure and cortisol soars through the body, all of which means we take short sharp breaths – unfortunately this in turn makes us feel worse.

So, why not take a few moments to re-learn how to breathe in and breath out and reap the health benefits for doing so?

- Instead of taking shallow upper chest breaths (like most of us do), try breathing from your stomach. Breathing through your nose, and inhale deeply. You should feel your abdomen rise (it can be helpful to try this exercise first of all in a lying down position, placing your hands or an object on your stomach so you can physically feel/see the movement). Your stomach will rise as you inhale and fall as you exhale.

- When you are familiar with this belly type of breathing, you can extend the exercise further. Still lying down. Try inhaling to a count of 5 seconds and exhaling to a count of 5 seconds. As you exhale – really drop your stomach as much as is possible. This is a really useful exercise when you want to calm yourself, or as an aid to dropping off to sleep. Focusing on your breath sounds and heartbeat will make it even more restful.

The above exercises can help you be more mindful, can ease anxiety and stress, as well as lower your blood pressure, aid sleep and even ease pain. But breathing can also be altered to allow you to feel alert and full of energy.

Read on for how to boost your vitality:

- Try an Intercostal Stretch. For this exercise you need to sit up straight. Drape one arm over your head (your bicep will cover your ear). Stretch to the opposite side (your elbow will be pointing straight overhead) – then inhale as deeply as you are able. If done correctly, your side will rise towards the ceiling. Relax, and then repeat on the other side. This is a great way to start the day.

If you think you would benefit from guided breathing exercises, you might like to try a Yoga class as at the heart of this exercise is Pranayama (the art of breathing).



There is often confusion between Soul-Mates and Twin-Flames. Spiritually speaking, you have many soul-mates, but only one twin-flame. It is possible that your twin-flame could be a romantic soul-mate for you, but it is much more likely that you will meet and settle down with your soul-mate, and the twin-flame in your life will provide a more mystical purpose.

Put simply a twin-flame is one soul divided in two bodies, essentially when the soul was created, there was an abundance of energy and so it split creating a twin flame, made up of half divine feminine energy and half divine masculine energy. These soul energies will incarnate many times over, and through one lifetime or another the twin-flame will meet, very often to provide a time of growth, or when healing is needed.

Many people believe that you need to meet your twin-flame on the current plane, and embark on a romantic relationship, but generally this is the stuff of fairy tales, and is unlikely to happen in real life. The twin-flame is really much more about teaching us about the relationship that we have ourselves, that in turn can make us ready to meet a romantic partner.

You may have already met your twin-flame, but just not realised...

Feeling at first sight

Is there a person that you have connected with, and you had a deep-set feeling that you already knew them? Perhaps there is even an intensity about how you connect – eye contact for example.

Fast changes

Have you ever been in the position where a lot of things have happened at once, a job offer, a house move – big life alterations? Was there a person in your life at that time, championing your change of direction?

Intuition

You may have intuitively picked up messages from your twin-soul. Equally at times you may experience déjà vu moments, where you remember some shared experience from a past life.

The very idea that you may have one perfect match of soul can be overwhelming, but it is a much easier concept if you think of it more like a guardian angel. A twin that is looking out for you, and helping you to become the best version of yourself.

Astrology

with our expert

Carol Day

Welcome to Free Spirit's in-depth horoscopes for May 2019.



Aries is still in the midst of a yearly financial peak until the 21st. It seems an angel has waved a magic wand in your money sky enabling Venus to take time out and focus on your funds. Uranus travels with Venus from 17th-19th which often brings sudden money windfalls. You can embrace a double blessing from Venus – love and money as you're lucky in love as you pursue your financial goals. Even the money people in your life like playing cupid these days.



It's another happy and successful month ahead. You're still in a yearly pleasure peak, so it's an ideal time to pamper yourself and get your image into shape. Mercury crosses your Ascendant on the 13th bringing financial windfalls, and the big news – Uranus moves into your sign on the 16th bringing amazing career changes. The Sun enters your money sky on the 21st, Mercury, your money planet enters on the 30th, and so May is prosperous, Taurus heaven!



It's a great month for Gemini, as your personal power and independence are high right now. Lots of energetic discussions and with Mars moving into harmonious alignment in your money house from the 16th, things that were out of your reach are now possible. On the 21st the Sun and Mercury, your two most important planets enter your personal pleasure sky, and give you star quality. A New Moon on the 4th and a Full Moon on 18th are great money days.



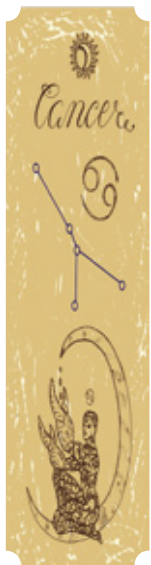
Love is in the air for Libran's in May, as Mars your love planet crosses your Mid-heaven and enters your career sky on the 16th. This gives mixed messages but highlights love is the actual career. The beloved is successful and supporting your career and much of your socialising is work-related; like-ability is as important as your professional skills. Earnings are skyward, ample for a cosy weekend, for two sleepy people, too much in love to say goodnight.



Scorpio's love and social sky is still buzzing as you're still in the midst of a yearly love/social peak until the 21st. Love planet Venus will be in your romantic sky from the 5th onwards, so enjoy. Like last month, you're mixing with people of power & prestige which are a romantic turn-on and there's lots of social activity. Venus travels with Uranus from the 17th-19th showing sudden romance. The Sun enters your renewal sky on the 21st, anyone for spas!



The merry month of May, when our lucky Centaur's can meander along a cherry blossomed lane with the beloved, feel the caress of soft petals and catch the gentle breeze from the spirit of the trees. Mars is in your love/marriage sky until the 16th; on the 21st the Sun and love planet Mercury enter the romance sky and you begin a yearly love & social high. Singletons are spoilt for choice; partners bridge that gap, one's opposite is said to be the natural partner.



With Mars your career planet moving into your sign on the 16th, it's time for an 'I believe in miracles' mind-set. Career opportunities are seeking you out effortlessly. Friends open doors by social networking, and online activities, making a pathway to profits. The Sun (finance) enters into your spiritual sky on the 21st and is in amazing aspect – good for cash flow. Spirit is edgy about your financial health, and helps your recovery through Caps special intuition.



It's a lovely cherry blossomed May for Leo's as you embrace a delightful romantic period when Venus starts to travel with Uranus from 15th-19th. This special magic spills over to the career, and you can count on the support of the beloved, bosses and friends. Money planet Mercury shows fast financial progress, until the 6th he's in your education/philosophy sky, most lucky say Hindu mystics. From 6th-21st he's in your career sky and it's raining money.



Virgo's will be even busier this month as the Sun and Mercury move into your work sky and you begin a yearly career peak. The Sun's move shows you can further your career by working with charities or altruistic activities. Your spiritual practice and understanding will help the career. The challenge is to balance the career with home and family, get enough rest and pace yourself. Mercury's move into your career sky shows personal elevation and success.



A happy and prosperous month ahead for Capricorns, as you're still in the midst of an annual pleasure peak, until the 21st. Fun is just as important as work, it gives the mind a rest, and allows answers to surface in a special way. Health/work planet Mercury travels with Uranus (money) on the 7th-8th which shows financial increase and job opportunities. Venus journeys with Uranus from the 17th-19th bringing luck and financial favour from family and bosses.



Water-bearers home/family sky is still powerful until the 21st so continue to downplay career and focus on home/family and most importantly emotional well-being. Family connections are busy playing cupid from the 17th-19th. You'll have an amazing shift of energy after the 21st, perhaps it's a new therapy, but in reality, it's the progress of planetary power in your favour. On the 21st the Sun enters into your 5th house and you begin an annual pleasure peak.



Money is not an end in itself, it's only the means by which we can grow as a person; it buys freedom for self-development, and now dear Pisces you have the freedom to pursue other interests, intellectual, philosophical and family. The mind is hungry and there's a yearning for more knowledge. On the 21st the Sun/Mercury enters your home/family sky pushing for a Feng Shu makeover, and a focus on the mystical. Mars sends a happy money transit on the 16th.



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