

FREE SPIRIT

February 2020

FEATURES

Date Night!

Leap Year Proposals

PLUS

February Horoscopes

Reader Profiles

Miranda Hart

Being the friendly Spinster
to Jane Austen's Emma

discover your future, release your past

Editor's letter

February brings with it a 29th day, because of course it is a Leap Year. As well as being the month that Valentine's Day takes place.

So, we have a healthy dose of love in this edition. From discussing women proposing marriage, to date nights, to crystal healing that is perfect for all matters of the heart!

But maybe you are still in the New Year changes mind-set. If so, we look at ways to be 'greener' in 2020. We delve in to a new book 'Feel Better In 5', which promises to show us ways to make lifestyle differences in 5-minute bursts. Then we think about making a 'Life Wish List' - what are your goals, hopes and dreams for this year and beyond?

We introduce reader Stella, a psychic, Tarot reader, astrologist and avid yoga practitioner. Then we check back in with long-standing reader Mary - a straight shooter with lovely Irish charm!

Do you like a classic book? Then you might like this month's celebrity focus - Jane Austen's comedic book - Emma is getting a new film adaptation...

Charlotte

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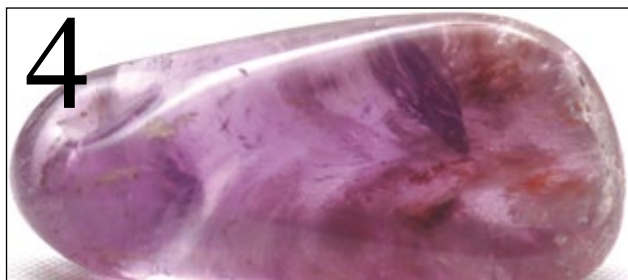
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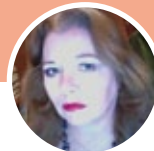
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Choose a reader to begin your journey

Pick from our many talented psychics, all with different techniques



Alice

PIN: 6543

Alice is a highly experienced psychic consultant; she feels her purpose is to give guidance to others on their journey. Alice works with Spirit to give heartfelt, profound readings, and she offers direction on how to find your own path to enlightenment.



Jancey

PIN: 3032

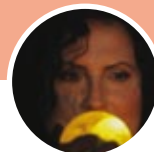
Jancey is a hereditary psychic clairvoyant with Romany bloodlines who has been reading Tarot for over sixty years. She was taught the art of reading tea leaves and palm reading by her grandmother. Jancey offers upbeat readings with straightforward answers.



John

PIN: 5152

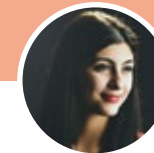
John has been a medium for over eleven years, he offers a kind and calm approach. John sometimes use Tarot or Angel cards in a reading; his aim is to provide answers that enable folk to move on with their lives, having gained a sense of closure.



Mariah

PIN: 1881

Mariah is a medium, clairvoyant and healer, her style is honest and compassionate. Through Spirit she will support, empower and illuminate, just as her guides have done for her. Mariah specialises in bringing clarity to situations which are causing you pain and stress.



Mel

PIN: 4455

Mel is a third-generation spiritual medium, empath and clairvoyant. As a reader Mel's hope is that she leaves her clients feeling inspired and filled with hope and comfort. As well as more able to choose the road that is most beneficial for them.



Vivienne

PIN: 3555

Vivienne comes from a family of psychics, clairvoyants and mediums and was made aware of her gifts from a very young child. She works with God, love, light and her Angel guides. Vivienne can look into love, career, family, any topic you wish to speak about.

All calls are recorded; the caller must be 18 or over and have the bill payer's permission.

Readings under UK law are deemed to be for entertainment only. Helpline: 0121 737 5574.

Valentines Crystals

It is natural as Valentine's Day approaches for our thoughts to turn to matters of the heart. Whether you are in a relationship and are looking for ways to communicate better. Or are looking for new love, or are just looking to improve the love you have for yourself. We have healing crystals that can energise you and feed your chakras.

Rose Quartz

None of you will be surprised to find Rose Quartz as the first crystal to consider. It is the ultimate stone of the heart and particularly of unconditional love. As a gem it can help when you are feeling overwhelmed by emotions. Making you more objective, even in a traumatic situation. This stone is great when we need a reminder to forgive ourselves. Accepting what has gone before, and forgiving ourselves and others is all part of the healing process, allowing us to move forward and not stay stuck. In moments when you are feeling unloved, or unlovable, hold Rose Quartz in the heart region. Cast your mind back to a time you felt adored, perhaps by a parent when you were a child (it doesn't need to be romantic feelings of love). The crystal will help to bring feelings of being valued and loved into the present moment. Reminding you that you are worthy of love, and that you are accepted and seen by those that know you.



Malachite

Malachite is a transforming stone. Wearing the gem or carrying it with you, can boost your confidence, as well as assist you in making good sound decisions. It boosts your inner-strength, and allows you to show the outside world the real you. As a crystal it also minimises any feelings of shyness you might have, and encourages self-expression. Used in meditation Malachite can wash away feelings that are holding you back. It provides a lovely healing energy, drawing out hidden emotions - so you can acknowledge any problems and begin to find solutions. Often, we have deep-rooted issues, and we don't quite realise the negative impact they are having on our day-to-day lives. Malachite is great at getting to the root cause of any upset you are feeling. Holding this stone in your hand, can help you summon its strength and provide you with patience and understanding.



Amethyst

As a crystal Amethyst is hugely popular, it is a lovely gem to look at, it has the vibrant colours that we associate with spirituality. It is abundant and therefore price wise is accessible. With all that said, it is such a great stone to have in your crystal healing collection. At its heart it promotes calm, balance and inner-peace. Of course, it also opens the channels for spiritual communication. It is also a fantastic protective stone, use it when you need to shield yourself from negativity. This crystal has a fantastic ability to turn all energy into love. If you are experiencing rocky feelings, this stone can help to dispel anxiety, stressed and irritated emotions, creating a more soothing energy so you can move forward. In crystal healing Amethyst is great when working the crown chakra, and for all work on emotional problems.

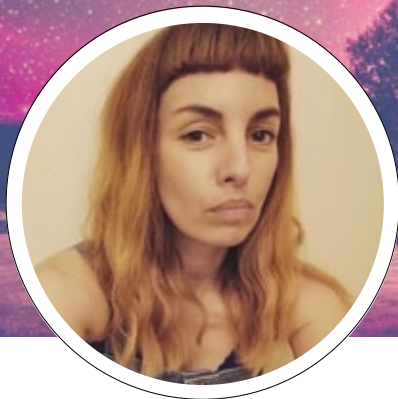
Hemimorphite

Hemimorphite is perhaps not as well as known as some other crystals, which is a shame as it really does help to attract a little bit of magic, luck and love into your life! If you tend to treat yourself harshly (you are your own worst critic), or you self-sabotage in life - then this is a great crystal for you. It will help you to nurture yourself, and allow you to open up your heart to love. As well as assist you in finding more harmony and peace in your everyday existence. This stone has a magical energy, and will definitely deepen your connection to the spiritual realm. As a gem, the outlook it provides is one of happiness, a lightness in approach to life and of love. Harness the sensibility - of a little bit of everything in moderation is good for you! Allow yourself to play, and feel fun again - no matter your age. Whatever you set your heart on in 2020, Hemimorphite will help you to pursue your aspirations. You can attract your heart's desire!



Reader Profile

Stella
PIN: 3422



Stella is a highly intuitive psychic and medium, she has a gift that has been passed down from generations, and has now been reading for 12+ years. Stella understands that connecting as a medium is very sensitive work. Through her gift Stella is able to use herself as a clear channel and connect with angels and spirit guides. This enables her to pass on messages to her client's that seek answers and clarification on their life journeys.

As a reader Stella also uses Tarot and is an astrologer, and a specialist in the mother wound with a highly intuitive gift. This is a very deep and not overnight process, but transformational and wonderful work. Stella believes we can be stuck as adults in our mothers' wounds. We then take these on as our own identity. This can leave us blocked, and creates limiting beliefs of ourselves and our journeys.

Stella really loves her work and cares very deeply about her clients. She is able to detangle past trauma and set her clients on the right path, to a life with more purpose and clarity.

As soon as you speak to Stella you will feel a great sense of calm and healing. She works with energy and is a very light spirit. Stella is able to clear energy blocks and align her clients. Whilst using a very holistic approach to her work, Stella treats every client differently as she believes and knows we are all unique in our journeys.

Stella strongly believes being a reader is a form of therapy, and being able to voice your problems and talk to someone is a really healthy way to heal, learn and grow. Stella believes in being sensitive and really listening to the client, this she feels is the key to guiding and support them.

As a daily yoga practitioner and meditation coach, Stella believes a high level of self-care is important to feel emotionally present for her clients. Stella feels in order to be clear you need to unblock each chakra. This is work that Stella does on a daily basis as part of her keeping spiritually healthy routine.

Stella has a light touch; she believes the goal is to change neural pathways and experience ourselves in our full divinity. Stella would love to engage you in a more enlightened and lighter journey, so don't hesitate to get in touch.

You can view the profiles of all our readers by clicking 'OUR PSYCHICS'.

We would love to receive your feedback following a reading, you can do this via our website, scroll to the footer and click 'REVIEW A PSYCHIC' under 'CONTACT'.

Did you decide to make any New Year resolutions for 2020? If so, have you got going, or have some already fallen by the wayside...

The start of a new year, does tend to make us reflect, and perhaps look at what we want from our futures. But it is all too easy for us to get swept up in the humdrum of life, and not reach for our bigger goals.

I'm not particularly fond of the term 'Bucket List', as for me it has too close an association with death. But, having a Life Wish List - can be a positive reminder of your hopes and dreams for life.

You could attach an age to things, or a time frame. For example: Life wishes for the next 10 years. Or 10 things to do before I am 50...

How the wish list is made up is entirely up to you. It can be incredibly fanciful - literally reaching for the stars, climbing Mount Everest for example. Or more realistic, but none the less important and meaningful to you.

Here are some concepts you might like to consider when composing your list:

- Holiday of a lifetime.
- A real show stopper.
- A place to visit in the UK.
- Learn an instrument.
- Speak a foreign language.
- Visit a famous landmark.
- Do something daring.
- Eat at a famous restaurant.
- Stay one night in a fancy hotel.
- Drive a sports car.
- Learn a new skill.
- Do something really out of your comfort zone.
- Something that enriches your relationship.
- Something that enhances family life.



The possibilities are of course endless...

The idea of such a life wish list, is not to add pressure to an already busy existence - but to encourage you to slow down. To take stock of life, and truly understand that our time on earth is short, and that we have to make the most of it. With truly enriching experiences for our mind, body and soul - both big and small on a day to day basis.

You don't have to attach time limits if you don't want to, the last thing you want is to feel like you are failing at your list. Equally it is okay if some things never get done - just reaching for your highest potential is enough. It's also okay to add to the list at any time, as the moment strikes you.

So, instead of looking at life through the same tired New Year resolutions lens this year, why not strive for some adventure and new experiences. Go out into 2020, asking - what can I do and see today!

EMMA

Emma is coming to cinemas on Valentine's Day in the UK. It is not the first film adaptation of Jane Austen's charming novel. For those of you that have not read the book, or watched a previous film it is a comedic romantic misadventure!

Plot & Characters

Emma Woodhouse is the lead character, she is being portrayed by Anya Taylor-Joy, whom you might know from Peaky Blinders and The Witch. In the film she is a young and wealthy woman, who likes to play the role of romance matchmaker in her local town, stirring up trouble as she goes. She is somewhat of a restless 'Queen Bee'. For her own part she has to try out several love mismatches and take many romantic missteps to find an eventual love that was there all along!



Film poster courtesy: Perfect World Pictures / Working Title Films / Blerup Pictures

A pivotal role from the book is that of Miss Bates, a friendly spinster - who is played by our cover star Miranda Hart. Many other popular British actors round out the cast, such as Bill Nighy who plays Emma's father. Mr Elton acted by Josh O'Connor (The Crown), Rupert Graves (Sherlock) as Mr Weston and Gemma Whelan (Horrible Histories) as Mrs Weston to name a few.

Writing & Directing

The film is actually a debut, directorially for Autumn de Wilde. Who is more renowned as a photographer working with actors and musicians. It will be interesting to see the direction she takes the movie, given its previous adaptations. You may remember a version from 1996 that featured Gwyneth Paltrow, and there was even a BBC series with Romola Garai in 2009. You may have even seen the rom-com Clueless (Alicia Silverstone), and not realised that was a modern-day version of the Emma novel. Eleanor Catton (Man Booker Prize winner) has written the script, who you may recognise from The Luminaries.

Trailers:

You can view the two official trailers on-line by using these two easy to use Free Spirit links:

<http://bit.do/fsemma1>
<http://bit.do/fsemma2>

SMALL *changes* add up to **BIG** things...

Have you promised yourself that you will make even more effort to be 'green' this year? Well, as the saying goes small changes can add up to big things. So, if each of us just makes a little extra effort in our lives, then collectively we will be making a greater difference.

Easy Changes You Can Make Now

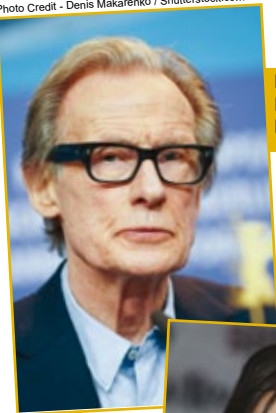
- **Wrapping** - Shops and supermarkets are now giving us plenty of ways to buy products 'loose', whether that is fruit & vegetables free of plastic packaging. Or dry goods that we can measure into our own containers. Or refillable items in the cleaning/household department. At home you can use more eco friendly wrapping, such as beeswax food wrap.
- **Travel** - finding ways to walk or cycle more - can be great for the environment, your wallet and your health - a triple whammy!
- **Electronics** - many of us are guilty of over charging devices like mobiles, and letting TV's, computers etc stay on standby. It is thought that in the UK households use £277 million pounds worth of electricity in this way each year! Turning off devices saves both electric and CO2 emissions.
- **Recycle** - It is worth checking back in with your local council, as they are finding new ways to recycle more and more. Make sure you are putting everything out that can possibly be recycled. Get educated on packaging labels and try to reduce buying things that come in wrappers that cannot easily be reprocessed.
- **Mend and Make Do** - Rather than buying new clothes, find ways to repair or alter old clothing that still has life left in it. Think about having clothes swapping party with family and friends. Donate and purchase items that are needed from charity shops.
- **Think before buying** - Before bringing in new possessions into your household, think about whether you could get hold of what you want from an exchange group like freecycle.org. For items that you don't use that often (say, like Hedge Trimmers), think about buying collectively between family and borrowing when needed.
- **Go old school** - Go back and get a milkman who will deliver milk in glass bottles rather than plastic. You might be surprised at what else they can deliver...
- **Junk Mail** - In this day and age junk-mail infuriates many. There are things that you can do to minimise this needless paper arriving, only to go straight in your paper recycling bin: www.citizensadvice.org.uk/consumer/post/stop-getting-junk-mail/



Quick Fire Thoughts:

1. Spend less time in the shower.
2. Switch to sustainable tea bags, and recyclable coffee pods.
3. Go paperless with banks and business institutions.
4. Switch to reusable cups for coffee and water on the go.
5. Switch to LED light bulbs.
6. Fix leaks & drips around the home.

Photo Credit - Denis Makarenko / Shutterstock.com



Bill Nighy plays Emma's father Mr Woodhouse

Photo Credit - Featureflash Photo Agency / Shutterstock.com



Miranda Hart plays Miss Bates



If you are in a long-term relationship, do you believe in 'date nights'? By that I mean a set date each week that you pencil in, to ensure that it happens.

Do you have boundaries, of what you can and cannot talk about on the date? I.e. children's schedules, plumbing issues and work are all off the agenda...

Does planning a 'date night', take the spontaneity out of a relationship, and put a lot of pressure on you to have a good time, no matter the sort of day you have had. Or does it ensure that you set aside time for each other, and not take each other for granted?

We look at the pros and cons of Date Nights...

Pros

- Uninterrupted time together as a couple is great.
- It gives you time to reconnect and see yourselves as partners and lovers.
- It reminds you to focus on each other, and not on the humdrum of everyday life, from negotiating the demands of work, kids, mortgage, chores and more.

Cons

- You might arrange a night, including baby sitting etc and then find you have had a terrible day at work and just can't face it.
- It can feel forced - that it's essential that you have a good time and that it is romantic.
- It can be tempting to put any issues that have occurred in the week off discussion until date night. Making the night more tense and full of problem solving, than of romance.

Ways to make date night work...

- Take turns in choosing what to do. It doesn't always have to be a super romantic evening, sometimes going to the cinema and just having time together is okay - it doesn't need to always be about talking.
- Decide in advance if there are any topics you would rather not discuss on your date nights.
- Date night doesn't have to take place outside of the house. A movie and a takeaway could be just as good. Perhaps agree that there are no interruptions/phone use etc for the evening, so you can really connect.
- Make an effort, make it fun and make it personal - so whatever works for you as a couple is just fine.

Date Night Suggestions:

- Relive your first date - especially good for an anniversary.
- Do some kind of lesson - cooking, dance, language, art...
- Have a spa date.
- Go wine tasting (leave the car at home).
- Some form of exercise - a climbing wall for instance...
- Do a trip to a museum - but in the evening.
- Go for afternoon tea.
- Go to the zoo!



Reader Profile

Mary

PIN: 5055



Mary has worked both as a medical professional and international healer for many years. She was born with many gifts, which she was aware of since childhood. She is a naturally sensitive and intuitive psychic, medium and clairvoyant and uses these skills within her readings.

Energy readings are one of Mary's specialities; she can pick up on emotional, physical and psychological blocks without hesitation. All of her readings are very straight to the point and non-predictive, she is also very sensitive with all the information she receives, and will empower clients to take control of situations and guide them to make informative choices that will allow them to move forward in their own lives.

Mary connects with spirits and loved ones that come through in her readings, which she feels is a privilege and an honour as it is both comforting and reassuring for clients. Mary encourages her clients to ask questions so that they can be confident with the knowledge that they have obtained from their individual reading. All her readings are non-judgemental and insightful with a hint of Irish charm!

Testimonials:

Mary has such a warm and loving way about her. She gets to the heart of the matter without the need for me to say much. I have been in touch with Mary for a number of years and more recently. She has aided me in understanding my current situation and given me practical advice so that I can heal from within. I have seen results in a very short space of time. My late parents came through as well, and it was lovely to get their advice and be told that they were sending me love. I would recommend Mary with all my heart. A lovely lady. Thank you, Mary, for your wonderful readings and advice.

Poonam

I have had many readings over the last 14 years with this lovely lady Mary. She gets straight to the point, and has always been right about things. She knows instantly what I need without me saying anything at all. I have been comforted by her words in a great many situations. After a reading I feel on top of the world as if she sends healing to me as she speaks and for a while afterwards. Her words put me back into balance so I can carry on with my life. A real lifeline for me. Thank you, Mary. I don't know what life would be like without you.

Babette

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GIVE ME 5!

Did you do Veganuary (going vegan for January)? Or perhaps you tried Dry January (going alcohol free for the month)? Taking drastic action on the diet, drink or health front in short bursts has been growing in popularity. With many being able to make their will-power last the duration, knowing the fixed period will come to an end.

But, what do you do with your health for the rest of the year?

Well, Dr Rangan Chatterjee, has a new book out called *Feel Better In 5* (Penguin Life). That just might be the answer...

You might know Dr Chatterjee from the BBC programme *Doctor In The House* and podcast *Feel Better Live More*. He recognises that making positive health, mind and body changes is incredibly difficult and that sticking with it, and maintaining the required will-power and motivation can be tough.

Meaningful Changes

So, his new book focuses on ways we can make meaningful changes, that actually fit in, rather than work against our lifestyle and take up on only small amounts of our day.

Dr Chatterjee firmly believes that looking at health in three specific ways - Body, Heart and Mind is key. So, with this new plan each of these areas is allocated a 5-minute time slot per day. So, you are investing 15 minutes a day on your health - not bad!

15-Minutes Per Day

It's natural that people will be sceptical about whether 15 minutes per day is really enough time to make lasting changes, that will actually bring about noticeable health benefits. But he counters this with a very logical argument:

If for 5 minutes per day you took up chain smoking, you took 5 minutes and ate biscuits nonstop or you did nothing but drink soda in a 5-minute time span. Over a period of days, weeks and months you would expect to see some very negative implications as a result of your behaviour. So, turned on its head - 15 minutes a day really can help improve your weight, your stress levels, your sleep and more...

Mind, Body & Heart

The Mind section of the book is broken into: The Brain Tap, Simple Breathing, The Gut Bugs Health Snack, 5 Minutes in Nature and 5 Minutes of Flow.

The Body: The Morning Wake-up Flow, The HIIT Squad, Desk Jockey Workout, The Clock Workout and Just Play!

The Heart: Tea Ritual, Phone a Friend, The Gratitude Game, Celebrate Others and The Forgiveness Practice.

Dr Chatterjee's thoughts are to make being healthy: fun, personalised, simple and involve family and friends.

Why not give it a try?

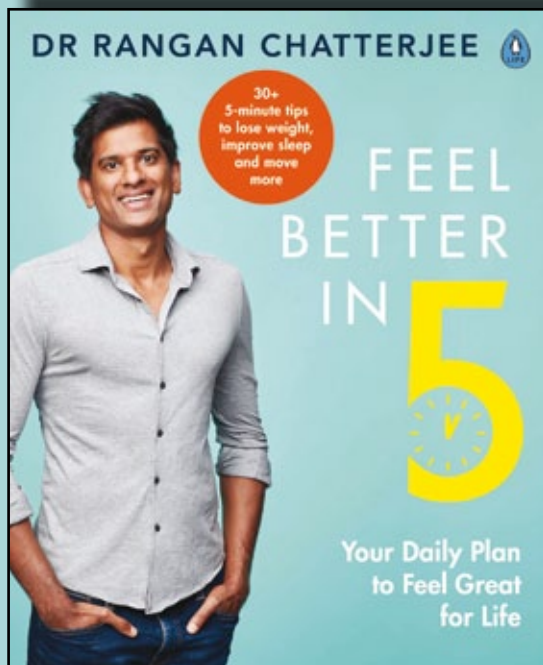


Image - Courtesy of Penguin Life



Did you realise that 2020 is a Leap Year? Bringing with it a 29th day in February. It's not just there to catch us out, and make you think "Am I actually going to get paid for going to work that day?". It's there to synchronise our calendar year with the astronomical period. The ancient Egyptians realised that the solar year and the calendar year did not match up. This is because it actually takes the earth 365 days, 5 hours, 48 minutes and 46 seconds to travel round the sun. Over a period of centuries an extra day was added to the calendar, to make up the difference. The Gregorian calendar set in motion only having an extra day every 4th year, but it was the Romans who designated the 29th February as 'Leap Day'.

2020 being a Leap Year is not the only calendar oddity. Printers of diaries and calendars have been despairing at a change this year to the May Day Bank Holiday. It should have occurred on Monday 4th May, but instead has been changed to Friday 8th May to coincide with the 75th anniversary of VE Day.

If you were born in a Leap Year, technically you only get to celebrate your birthday once every four years. The other years you have to choose whether to celebrate early on the 28th February, or go late on 1st March. This does cause issues, especially around big birthdays like turning 18! Astrologically speaking, those born on the 29th February (Pisces), are deemed to have unusual talents, and personality traits that celebrate their unique and special status.

Leap Years are more well known for a tradition that says a woman may propose marriage to a man on the 29th February. It is thought this custom derived from Ireland in the 5th century; when St Bridget complained to St Patrick about having to wait for the man to propose. St Patrick apparently relented and set aside this one day allowing the tables to be turned. There is supposedly a 1288 law by Queen Margaret of Scotland quoting a fine of a single rose if a marriage proposal was refused by a man. This resulted in the proposal tradition being restricted to the Leap Year's February 29th special day.

There are a few celebrities that have taken advantage of the Leap Year proposal tradition. Elizabeth Taylor proposed to her second husband, and Kristen Bell to Dax Shepard. Others females have proposed marriage, but outside of that Feb 29th date - Jennifer Hudson and the singer Pink for example. Allegedly Zsa Zsa Gábor proposed to all nine of her husbands!

So, ladies, are you ready to step up to your loved one, and in the words of Beyoncé "put a ring on it?"

Astrology

with our expert

Carol Day

Welcome to Free Spirit's in-depth horoscopes for February 2020



Aries

Aries friendship sky is powerful until the 19th and on the 7th Venus; your love/money planet enters your sign and stays for the rest of the month. You can look forward to a happy month as Venus bestows beauty/social graces, and a delightful financial transit which attracts money windfalls. Venus sends her Valentine love-light as you chase career aims; with Mars in your career sky on 16th success is sure-fire. Acting in harmony they bathe you in magical starlight.



Taurus

Taurus is still enjoying a run of prosperity until the 20th so success is still happening. Money planet Mercury moves into your friends/social sky on the 3rd which is positive for finances. Your financial intuition is excellent, up to 17th, and then Mercury goes retrograde – don't forget to read the small print! From 8th-10th Venus takes a solstice pause, then a benign change of direction. From 19th Pluto offers you romance which can be found at religious type venues.



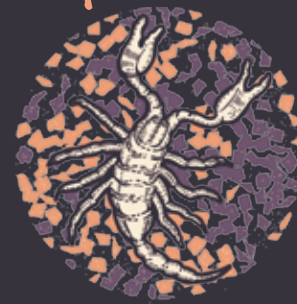
Gemini

The whole comic thrust is towards your outer goals and career this month. Success in your outer affairs is the best thing you can do for your family these days. Your triumph lifts up the family and vice-versa. Career success will translate into increased earnings, which will be strongest from 1st-9th and from 23rd-28th as the Moon waxes. A Full Moon closest to the earth on the 9th is a great day for money. Heart wise; expect a lovely surprise on Valentine's Day!



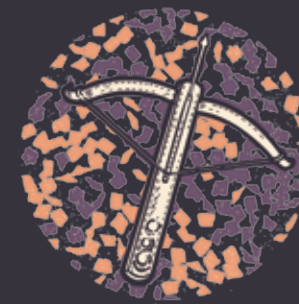
Libra

Many Librans have enjoyed a delightful festive season, now it's your turn to unwind, and enjoy the trappings of domestic bliss. Take advantage of this downtime as you need to rest and recuperate. The focus now needs to be on the home, family and your emotional well-being. It's emotional harmony first and career success later. After the 16th you focus on the needs of others. Venus love/social sky from 7th helps use your Libran social genius to the full.



Scorpio

The first weeks in February you will maybe cosy up indoors more, at least until the New Moon on 23rd when you'll be on dazzling form again. Mars in your money sky until 16th is making excellent progress from work/business efforts, making important financial advances. Venus solstice from the 8th-10th shows a social pause, then a change of direction. On 19th the Sun begins a personal pleasure peak in your fun/children sky and you can pamper your inner-child.



Sagittarius

Good news for Centaurs as you have two major influences this month: home/family and finance. The month ahead should be prosperous, but keep speculation in check, try to get things sorted before the 17th when Mercury goes retrograde. However, the real mission this month is home/family; emotional wellness, visiting kinfolk and family gatherings. Family members play Cupid with singletons and perhaps arrange a Valentine's getaway for couples.



Cancer

Moon folk have two major areas of interest this month – the philosophical/academic and love/social life, which occur in your religion/education sky. Power in this area is excellent for college level students and shows success, and often indicates a religious wake-up call. The Moon's in your money sky on the 8th/9th; the Super Full Moon on 9th will be a strong financial day. And when money planet the Sun enters your sign on the 19th earnings can go sky-high.



Leo

Leo's are still in a yearly love/social peak until the 19th. You are popular and love seems happy, relations with the beloved are much improved. From the 3rd Mercury will be in your make-over/renewal sky, however, there is still a need to focus on the money needs of others ahead of your own. Your prosperity depends on the degree you can enrich others. A Venus Solstice 8th-10th shows a career pause, maybe a change of plan, and then a new job on the horizon.



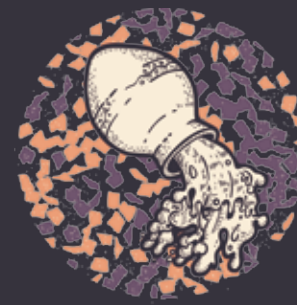
Virgo

There's a romantic Valentine spring in Virgo's step early in February and two powerful houses in your chart this month make it happen. The 7th house of love and the 5th house of fun and creativity, so this month it's all about fun and love. In fact, the power in your work sky until the 19th could add to this. Virgo loves work, you're having fun this month, however don't overload yourself. Make time for romance, which way to go, which one to choose?



Capricorn

February is the Capricorn Spring; you've just had your birthday and you're still in the midst of a yearly financial peak. Money planet Uranus is moving forward and the Sun in your money sky until the 19th say it's the most lucrative month of 2020. But finalise details before Mercury goes retrograde on the 17th. Sleep on any work problems, answers will be clearer on 29th New Moon. Enjoy an early Valentine message on Full Moon of 9th. Love is all you need!



Aquarius

It's a magical time for water-bearers. You're still in the midst of a personal pleasure peak and this is a great period to pamper the body. Social invitations come in, you have a star quality about you, love is happy this month. The Sun moves into your money sky on the 19th and you begin a yearly financial peak. There are two power houses this month: money and spirituality. Spiritual insight benefits finances and vice-versa. Maybe enhance your energy with Tai Chi or Yoga.



Pisces

February is all about lovely you and your personal happiness; however, get key affairs sorted before Mercury goes retrograde on 17th. On 23rd your Pisces New Moon is closely linked to retrograde Mercury/Uranus, even so you could have a eureka moment! Keep mum on this until March ends. Venus dances with Mercury (love) on the 3rd showing off your charisma and intuitive sense of style, the Sun joins in on the 19th when you begin a pleasure peak.

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