

FREE SPIRIT

May 2021

FEATURES

Palmistry, Crystals
EFT and Dreams

PLUS

May Horoscopes
Reader Profiles

Sigourney Weaver

Showing us that the art of
letter writing isn't over

discover your future, release your past

Editor's letter

We cover some interesting topics in this edition. If you tend to bury your head in the sand over financial matters, then head on over to our double-page spread (6-7) on pensions. You might be surprised by how much you need to set aside each year to retire in style!

If you've been having dreams about death or dying, we are here to put your mind at rest, usually they don't mean what you are fearing...

We catch up with readers Hilary on page 5 and Julie on page 11. Staying with psychic gifts, we explore Palmistry on page 9, including the readers that can guide you in this area. We also delve into Emotional Freedom Technique (page 10), and reader Mary can assist more in this department if the article sparks your curiosity.

We have six more crystals for your consideration, to add to your healing collection. Staying with hobbies, we look at planting an herb garden - great for wildlife, medicinal or cooking purposes.

Lastly, we have May's horoscopes. There is a Lunar Eclipse on the 26th of the month, how will it impact you star sign?

Charlotte

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INSIDE FREE SPIRIT Magazine

May 2021



Sigourney Weaver Image: magicinfo / Shutterstock.com

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Choose a reader to begin your journey

Pick from our many talented psychics, all with different techniques



Aelissa
PIN: 4444

Aelissa is psychic, clairvoyant, clairaudient, clairsentient and a far seer. Aelissa feels that the reasons and causes behind issues can be clearly seen; timescales are more accessible and probable outcomes clearer when using Tarot as a reader tool.



Joanna
PIN: 4567

Nothing shocks Joanna as she has encountered many unusual situations. She has studied esoteric energy, telekinesis and paranormal activities. Joanna offers sage advice based on her unique perceptions, offering clarity when someone is confused.



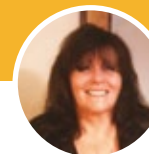
Mary
PIN: 5055

Mary is naturally sensitive and an intuitive psychic, medium and clairvoyant. Energy readings are one of her specialities; she can pick up on emotional, physical and psychological blocks without hesitation. All of her readings are straight to the point.



Norma
PIN: 1414

Norma believes that her gift was meant to be, and was intended to be used for the benefit of those in need of support at difficult times in their lives. She specialises in in-depth analysis of relationships whether family or romantic and also career matters.



Seph
PIN: 1369

Seph is a no-nonsense reader with a comforting rapport with her clients, she will do her best to listen and tell you what she thinks. As a devotee of karma Seph is also a firm believer in 'Let the Seeker find the Light', in her own words meaning 'Say it like it is'!



Wendy
PIN: 7227

Wendy is an outgoing, cheerful and caring clairvoyant. She is also a Tarot reader with many years' experience of working for Spirit, her favourite cards are the Mythic Tarot deck. Wendy's speciality is looking in-depth at relationships, career choices and life changes.

All calls are recorded; the caller must be 18 or over and have the bill payer's permission.

Readings under UK law are deemed to be for entertainment only. Helpline: 0121 737 5574.

Healing Crystals

● CINNABAR

Choose Cinnabar for manifesting. This crystal has a strong energy that draws success towards you. It is also useful when you need to make some sort of transition. It can be a transformative stone, taking you closer to your higher-purpose. It's especially helpful with communicating well, and for finding inspiration in all sorts of places.



● RUBY

The ruby stone has long been revered for its nobility sentiments, and is coveted as jewellery. As a gem it offers much more than just looking pretty, it is linked with courage and confidence, loyalty and love. Use Ruby when you need to see people and the world around you in a positive light. It has survival properties, so utilise when you need a surge of energy, especially when following your dreams.



● GARNET

If you want to make sense out of a chaotic situation, then Garnet is for you. Garnet boosts your self-confidence and your inner-strength will soar. Carry the gem to remind you of karmic laws. This stone will let you see through commitments and brings out both truth and hope in situations.



● TIGER'S EYE

If you are feeling frightened, or are experiencing upset then the healing powers of Tiger's Eye can help. It repels negative energies that are coming at you from outside sources. It is both a protective gem as well as offering luck and prosperity. Overall, your thinking and perspective should be more balanced with use of this crystal.



● MOONSTONE

Moonstone has more of a feminine energy, and is highly associated with emotions and feelings. Work with this crystal when you need to alleviate stress and anxiety. It's also a useful reminder of not repeating past mistakes. You can use Moonstone to harness your heart's desire!



● UNAKITE

Unakite is a great spiritual healer and brings forward uplifting energy. Truths will be revealed to you, and you will see the beauty in life all around you. As a gem it can be utilised to bring people together. You can also harness the crystal as part of a pendulum to find items that have been lost.



Reader Profile

Hilary

PIN: 3897



Hilary likes to think of herself as a psychic who takes the responsibility and position as a Tarot reader seriously. She feels that people don't get readings generally when everything is hunky dory. People get readings because they are worried, unsure or feeling small.

As a reader Hilary knows through experience that the pattern is very hard to see when you are in it. The maze that you are walking through looks like vast walls that feel impossible to navigate. That is the lovely thing about her readings, she can see the whole picture and point you in the right direction!

It is an honour that Hilary is able to do what she does. It is a gift which she has had since childhood and she was able to use it to its full potential when she started reading Tarot in her early twenties. Hilary loves the Tarot because it is a way of storytelling. She is using the tool of the cards to elaborate someone's story.

Hilary also feels if the universe or Spirit has been sending you messages and you have not been listening, a Tarot reading is a really good opportunity for Spirit or the universe to talk to you directly and give you insight, clarity and advice.

Testimonials:

Had the most amazing reading ever with Hilary. She said things which she couldn't have known and described someone having a hair problem which was so spot-on down to the finest detail! She validated, predicted and read brilliantly. You would be doing yourself an injustice if you didn't have a reading with Hilary! Simply amazing! I'm still gobsmacked!! Thank you Hil.. as I call you; you're brilliant!!!
N, UK

I had a very insightful reading with Hilary; she was on point with my situation and was extremely useful. She was able to give me the 'whole picture' and it was easy for me to make my own decisions there on - it let me move past the doubts and confusion that kept me stuck. I am not one to leave feedback, but the readings were the best I've had to date!! I would definitely recommend her! Thank you, Hilary, talk to you soon.
A, London

View the profiles of all of our readers by clicking 'OUR PSYCHICS': psychiclight.com/psychics/
We would love to receive your feedback following a reading, you can do this via our website, scroll to the footer and click 'REVIEW A PSYCHIC': psychiclight.com/review-a-psychic/

Pension Puzzled?

Are you like the proverbial ostrich, burying its head in the sand? Then you are not alone. It is thought a staggering 65% of women don't have a handle on pensions, and generally lag behind men in this area. But the information is important for all; so, if terms like annuity, draw-down, defined benefit mean nothing to you - then read on!

A good place to start...

For many of us, the state pension will be the bedrock to our retirement planning. So, it is a good idea to check what level of National Insurance contributions you have built up so far. You can also check your planned retirement age, whether you have been contracted-out for any period and look at any gaps you have in your record.

www.gov.uk/new-state-pension/your-national-insurance-record-and-your-state-pension

www.gov.uk/state-pension-age

www.gov.uk/check-state-pension

If you are already 50+

If you are aged 50 or over, you can get an appointment with Pension Wise for free. The advice is impartial government guidance about how to manage any personal or workplace pensions you might have.

www.pensionwise.gov.uk/en

www.yourpension.gov.uk/mid-life-mot/

Lost Pensions

Nowadays we may have many jobs during our lifetime. Sometimes paperwork gets mislaid, and we forget to tell old employers we have moved address.

If you think you might have had a pension, then you can use the Pension Tracing Service to find out.

www.findpensioncontacts.service.gov.uk/

Already in receipt of the state pension?

This Is Money, and former Pensions Minister - Steve Webb have uncovered a scandal hitting around 200,000 women. Those who are married who retired on small state pensions before April 2016. Some widows and some who are 80+ may have had under-paid state pensions. Read more about whether you may be caught up in this, and how to get things investigated:

www.thisismoney.co.uk/money/pensions/article-9330765/How-state-pension-low.html

Jargon - Put Simply:

Annuity - When you use your whole pension pot to purchase an annuity, to give you a guaranteed amount of income for your lifetime.

Flexi-Access Drawdown - Instead of buying an annuity, you place your money into a drawdown scheme, and take money out of the pot as and when you need to.

DC Pension - Defined Contribution Pension - your contributions are invested, what you end up with will depend on how well the investments perform.

DB Pension - Defined Benefit Pension. Sometimes these are called guaranteed pensions, you may have one from a past job, but are unlikely to be offered one today. They are based on a final or average salary. This will give you a guaranteed amount of income each year.

Need to Know:

- In the pension industry, there is a rule of thumb about how much you should save into a pension. Start with the age you start paying into a pension. Then halve that number. That is the percentage of your pre-tax salary/earnings that should go into your pension provision annually. If you are employed, then your employer may well be making contributions that can make up part of this percentage.
- Auto-enrolment, now requires that most employers offer their staff a pension. Your employer will contribute a minimum of 3% and the employee 5%.
www.moneysavingexpert.com/savings/auto-enrolment/
- Financial advice can seem costly. You can expect to pay in the region of £750 for a full pension assessment. However, retirement savings and planning are a complex area. Specialists can take it into account anyone you may need to provide for after you've passed away. How to get a better deal if you have health conditions that may shorten your life. Tax advice that ensures you are not penalised by drawing down too much. With freedoms, have come more choice, but also more complications. An expert can ensure you can utilise your money in a way that will provide for your long-term future.
- Part of pension planning, is understanding how much you will need to live on when you retire. Plus, the sort of lifestyle, you want to have. Generally, a minimum acceptable living standard would be £18,700 each as part of a couple. You also need to understand the value of any current pension pots.
www.minimumincome.org.uk/
www.moneyadvice.service.org.uk/en/tools/pension-calculator
- From April 2021 a full state pension is £179.60 per week. You require 35 years of National Insurance contributions to receive the full amount. This amount may also be lower if you were contracted-out (see above) at any time.

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MY SALINGER YEAR

As I write this, out-door cinemas are allowed to open from the 12th April, and then in-door cinemas can open from the 17th May 2021.

At the moment, quite a few releases are scheduled to set off the season, Benedict Cumberbatch is straight out of the gate on the 17th with *The Courier*. Alongside *Nomadland* and *Maya the Bee 3: The Golden Orb*.

Ryan Reynolds stars in *Free Guy* (21st May), and on the same day the delayed *Peter Rabbit 2* finally gets screened. Then there is a starring role for Billie Piper in *Rare Beasts* - which is also her directorial debut.

If all goes to plan *Fast & Furious 9* will be out at the end of the month (28th), as well as *Cruella* (Disney) and *The Conjuring: The Devil Made Me Do It* from Warners.

Of course, it remains to be seen if this line-up stays, as many film release dates have been juggled during the pandemic. Fingers crossed our feature film - *My Salinger Year* will play as expected in cinemas from Friday 21st May.

The Story

Margaret Qualley plays Joanna in the film, her dream is to become a writer, but after graduate school she's hired as an assistant in a literary agency.

The film is set in the 90's in New York. The Agency is somewhat old-fashioned, and Joanna works for Margaret, played by Sigourney Weaver, our cover star. Margaret proves to be somewhat of a stoic character, as she acts as a literary agent to famed writer J.D Salinger.

Joanna should be living the good-life, but rocks from glamour to poverty. Surrounded at work with archaic wood panelling, dictaphones and typewriters. With agents for company, who still think it's the good old days, where a three-martini lunch and afternoon nap are still considered acceptable!

The role Joanna is actually tasked with is processing the writer (Salinger's) fan mail. She is supposed to do this in a very 'agency-style', essentially a standardised impersonal letter. However, after a while, reading the sometimes-heart-breaking correspondence, she begins to pen much more personalised responses.

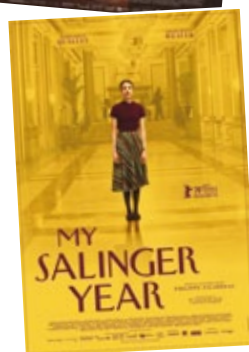
The results of her letter writing are moving and humours in equal measure, but ultimately lands her in trouble. However, it is probably all worth it, whilst she has been penning replies imagining the great writers' responses, she inadvertently finds her own writer's voice!

The Cast

Sigourney Weaver needs little introduction, but you may be less familiar with the star - Margaret Qualley. She is actually the daughter of Andie MacDowell, and initially trained as a ballerina as well as doing some modelling work. She has actually been steadily working in television and film since 2013, she had a main role for 4 years on the show *The Leftovers*.

Trailer

www.ifcfilms.com/films/my-salinger-year



Film posters courtesy of:
IFC Films / Mongrel Media / Thunderbird Releasing

Palmistry

History

Palmistry is an ancient practise, thought to have its roots in the culture of Roma Gypsy fortunetellers in India. From there, the practise spread to China, Babylonia, Greece and other countries around Europe, and the basic framework for Classical Palmistry was set.

Modern palmistry consists of reading the character and destiny of a person from their hands. This method of divination is quite easy to learn, and the basics can be picked up by anyone; however, you should consult an experienced Palmist should you want a more indepth reading.

Left or Right

There is some dispute over which hand should be read; however, both are equally as significant:

- **Your right hand** will indicate the direction your life has taken, and any future events that are yet to happen. It is also thought to represent the feminine side.
- **Your left hand** reveals potential, inherited traits and personality. The left hand is associated with the masculine side

Shape

The four major hand shapes relate to the four natural elements: **Earth, Air, Fire and Water**.

- **Earth Hands** – are wide, with square palms, short fingers and strong or thick skin. Their lines will be deep and clear. People with Earth hands are usually very practical and level headed.

Palmistry is among the most widely practised methods of divination. Palm Readers determine the personality and traits of a person through reading of the shape, size and lines of their hands and fingers.

- **Air Hands** – have rectangular palms with long fingers with clear thin lines. Air hand types are intellectual, social people who are full of ideas.
- **Fire Hands** – are characterised by long, rectangular palms, short fingers, prominent lines and warm skin. Those with fire hands are energetic, confident and individual.
- **Water Hands** – feature an oval shaped palm, long fingers and fine lines. People with water hands are emotional, artistic, and sensitive.

Lines

There are three prominent lines in a palm reading:

- **The Heart Line** – Found at the top of the palm, under the fingers. This will be of particular interest if you are looking for a love reading as it can indicate emotional stability, passion and romantic perspectives.
- **The Head Line** – Starts under the index finger to the outside edge of the palm. This line represents creativity, intelligence and thirst for knowledge.
- **The Life Line** – Swooping from the base of the palm to between the thumb and index finger. Contrary to popular belief it does not indicate how long a person will live, but your energy levels, inner vitality and major life changes.

A specialist reader may also obtain information from a number of different things such as your finger shape, fingernails, mounts, and other minor lines on your hands.



EMOTIONAL FREEDOM TECHNIQUE

Emotional Freedom Technique or (EFT)
borrows from a number of psychotherapeutic techniques -
Eastern Acupressure meets Energy Meridians.

Acupuncture

Chinese Acupuncture believes there must be proper free flowing energy through the body's energy meridians, in order for people to feel as if their mind and body is working in harmony.

Any kind of trauma, illness or long-term anxiety and general unhappiness in life can cause blockages to the energy meridians, which in turn causes disruption to the karmic balance of the mind and body.

Therapy

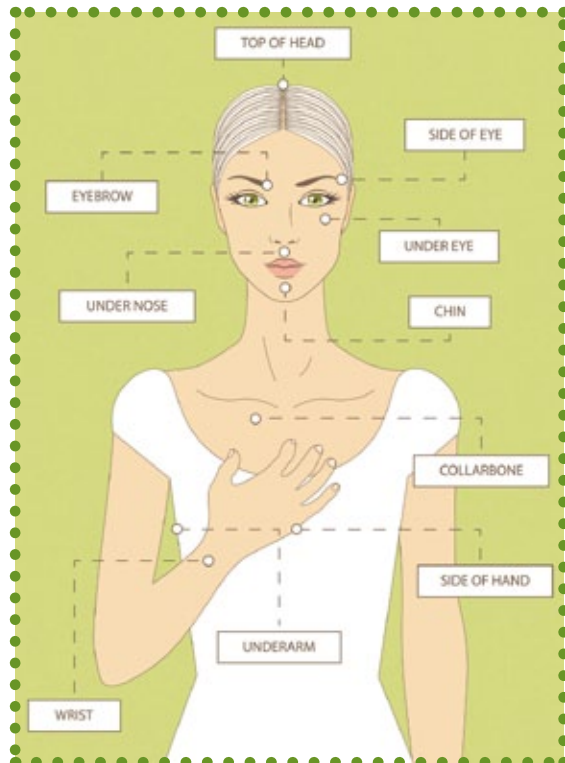
In many cultures a form of talking therapy may be used to thrash out the problems, but alternative therapies like acupuncture rely on a physical practise. EFT brings together two therapies, so acupressure alongside a psychology treatment such as cognitive behavioural therapy.

Tapping

EFT is sometimes referred to as 'Tapping', or Tapping Technique'. The practitioner guides the patient to tap certain acupressure points whilst they are thinking about a memory or problem that is causing them anxiety. The aim is to restore the body's energy flow and balance.

TFT/EFT

In the 1980's Callahan developed Thought Field Therapy, it combined several theories and used a similar approach to kinesiology and then a particular sequence of acupressure points. Gary Craig who trained with Callahan went on to develop Emotional Freedom Technique. He felt that the sequence in which certain points were tapped was irrelevant. He identified fifteen key acupressure points, but it isn't necessary to tap every one of them for every problem, so the process was simplified.



The above technique was coined as 'An emotional version of acupuncture, except needles aren't necessary.'

The reason tapping is thought to work is that it stimulates something called 'Mechanoreceptors'. Essentially these are nerve endings, that are touch-sensitive. Stimulating them, seems to produce a chemical release (like endorphins), which in turn allows a certain amount of 're-framing' of the problem in hand.

Affirmations

Clients carry out a tapping ritual on themselves, usually at the same time as saying a mantra. The mantra would be a cognitive behaviour style affirmation. The treatment has been shown to be effective for emotional problems like low self-esteem and confidence issues, as well as things like insomnia. It has been used for medical conditions like asthma, migraine, high-blood pressure and so on, not as a cure-all, but more to impact things like stress which may exacerbate these conditions or be a trigger for an attack.

If you are interested in Emotional Freedom Technique, then why not have a reading with **Mary, PIN: 5055**, whom is a qualified EFT therapist.

Reader Profile

Julie

PIN: 3123



Julie is an international psychic medium, and is an excellent all-round reader. She's been doing psychic readings for people since she was in Primary School and she's been working as a professional psychic and medium since 1997; so, she is an experienced reader.

As a reader Julie can work with, or without tools such as Tarot, Crystal Ball and Pendulum. She connects to those who have passed to the spirit world or after life, with the support of her faithful guides.

In terms of abilities, Julie is Clairvoyant, Clairaudient and Clairsentient. As she's Clairsentient, it's usually possible for her to pick up on people's feelings and emotions. Which is why folk like to consult with her concerning their relationships. This can give clarity on how their 'person of interest' is feeling and what their real intentions may be.

Julie has experience in most psychic areas, as well as platform mediumship in churches to large public events on stage. She enjoys and values private 1-2-1 readings, as she feels that this is where she can assist people the most. Put simply in a psychic reading Julie can provide information on a person's past, present and future. Whereas during a medium reading, she will concentrate on connecting to those that have 'passed to spirit' and will communicate any messages from them to you.

If you are looking for a down to earth and friendly reader who is happy to assist with whatever is troubling you or whatever you need guidance on, then Julie is the perfect choice.

Testimonials:

Had a reading with Julie today she was brilliant, I was able to connect everything she said to me. If you are reading this, I can recommend Julie. Must be the best reading I have ever had from a psychic line.
Pauline, Brentwood

Great reading from Julie. Zoned straight in and is extremely precise with any relationship or partner issue. She can see straight to the core of the matter and gives excellent advice. Really recommend her for relationship readings.
Thanks Julie.
Bex, Abu Dhabi

View the profiles of all of our readers by clicking 'OUR PSYCHICS': psychiclight.com/psychics/
We would love to receive your feedback following a reading, you can do this via our website, scroll to the footer and click 'REVIEW A PSYCHIC': psychiclight.com/review-a-psychic/

Heavenly Herbs



Buying herbs for cooking can be an expensive business, and often the delicate flavour can be ruined by the chilled temperatures they are kept at in supermarkets.

Whether you are not much of a gardener, or literally only have a windowsill available. Herbs can be great things to grow for colour, flowers, attracting wildlife and for culinary or medicinal purposes.

Two easy herbs to grow:

Rosemary - You can buy a small plant from the garden centre, making it a great starter option. It is a Mediterranean herb, and as such likes a sunny position. It will need plenty of water in the drier months (especially if in pots), but keep it in well-drained soil - so that it doesn't become water logged. You will be able to harvest sprigs all year round, try to cut and maintain a shape as you go. You can also dry the needles for later use. Down the line you can grow more plants from cuttings.

Mint - Mint is almost fool proof, but be warned it can get out of control. As such, it is best grown in pots. Again, you can buy small plants from the garden centre. You will find many different flavours, from apple to spearmint, even chocolate. If you want different varieties - it is best to plant them away from each other, otherwise the flavours will likely merge. Some will be better for cooking, others just for fragrance in the garden! This herb also likes plenty of water. You can harvest the leaves from late spring through to mid-autumn. Then the plant will start dying back to ground level for winter - but don't worry it will reappear next spring.

Economical Herbs, that Come Again:

Three herbs that you could consider, that come back each year are **Chives, Fennel and Sorrel**. Each of these are best grown from seed, rather than from starter plants. Chives, much the same as mint will spread if allowed - so is better planted in pots. The others can go into the ground. If you don't like the taste of fennel (aniseed), it can still be worth growing as it has a lovely yellow flower and pollinating insects favour the plant. Sorrel offers a low maintenance option with a lighter lemon-like flavour. It needs water, but will tolerate shade more than other herbs. Cut to the ground when it starts to look tired, and it will get new foliage. Chives are pretty low maintenance and they will naturally die back in late autumn. Clear away debris and thin out any clumps.

A Herb that requires a bit of extra work:

Basil is one of the most common herbs that we buy in the supermarket for cooking at home. So, its natural that we'd like to grow it - but its Mediterranean roots make it a tricky proposition. It is best grown from seed, started inside from February to mid-summer (sowing & germinating/propagating as you need). Basil should only be planted outside once the danger of all frosts has passed. Well-drained soil is a must, and it grows best in a sunny sheltered spot. If you grow in pots, you may have to keep sizing up as the roots start to show through the holes. Wet roots are the worst thing for this plant. To keep it in tip-top health and encourage bushy plants, you will need to remove any flowers and pinch out the tips regularly.

DREAM INTERPRETATION

Today, we are going to tackle dreams about 'death'! In much the same way that people dread getting the Death Card in Tarot, people fear dreaming about death. In both cases people interpret things literally, as in it means they are going to die. In fact, that's not the case in Tarot or in dreams...

Talking about death dreams doesn't seem the most uplifting of topics, but in reality, most of us will have one of these dreams at some point. So, it is useful to interpret different meanings behind the dream scenarios, so you can understand the likely cause, rather than thinking the worse.

The first myth to debunk, is that dreaming about dying, won't make it so. Any more, than you becoming a lottery winner - if you dreamt that situation.

Dream Scenario 1: Your own death

Dreaming about your own death, usually signifies you are going through a period of change in your life. It is normally a major event, such as getting married, having a baby, getting divorced, having an operation, moving house, moving job or even moving location/country.

Your subconscious mind is dealing with what the change will mean to you. Maybe you are experiencing a sort of death or grief over a relationship or situation coming to an end. The positive to take from this, is that dreaming of your own death really signifies a new beginning in your actual life.

Dream Scenario 2: Someone close to you dying

To some extent who you dream about and the life-stage you or they are in, determines the meaning.

So, if you dream about an ex dying, it is likely that you have finally put the relationship behind you. The death signifies the end of the relationship permanently, you have come to terms with that and are ready to move on.

Dreaming of your parents dying can be very distressing, if you and they are still fairly young - it is likely that you are ready to spread your wings. The death signifies that the ties that bind you can be loosened a little. So, that you may find your place in the world.

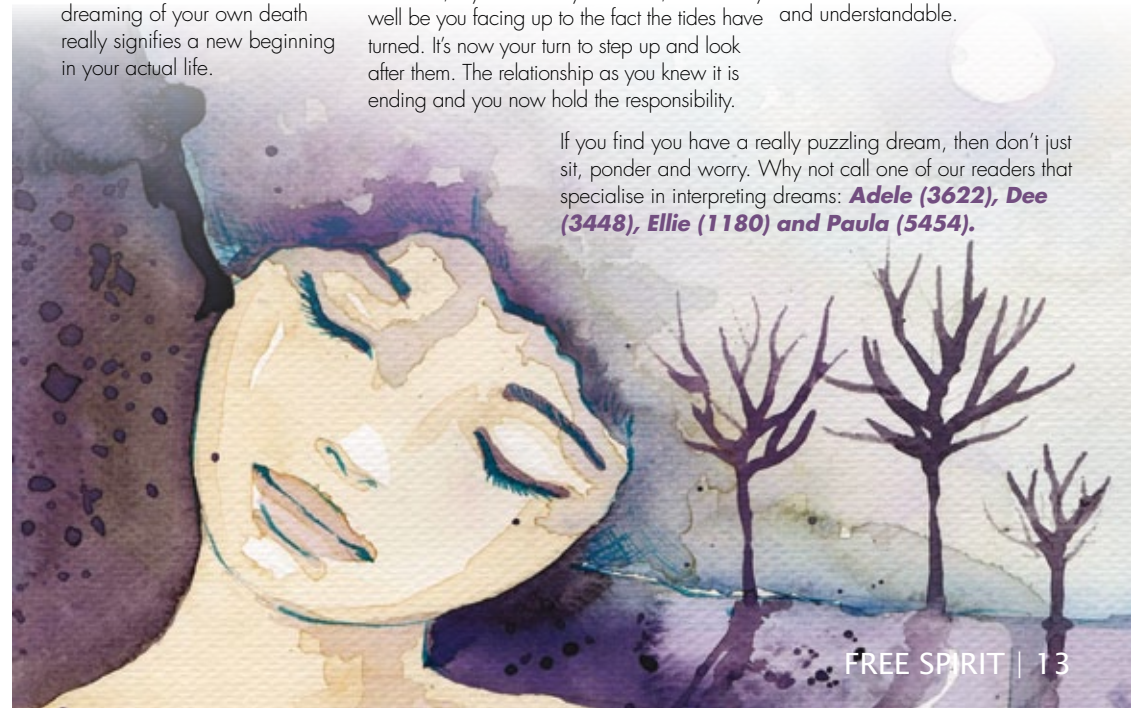
However, if you and they are older, then it may well be you facing up to the fact the tides have turned. It's now your turn to step up and look after them. The relationship as you knew it is ending and you now hold the responsibility.

Dream Scenario 3: Dreaming of someone who passed a while ago

It is actually quite common to dream about someone who has already passed away. If the person died some time ago, it will very often be about someone who you were very close to, and used to offer you counsel. You may find yourselves at a cross-roads in life, and are seeking answers on which direction to take.

If the person has passed away more recently, it is quite simply that you are trying to come to terms with the death and that you miss them - all perfectly natural and understandable.

If you find you have a really puzzling dream, then don't just sit, ponder and worry. Why not call one of our readers that specialise in interpreting dreams: **Adele (3622), Dee (3448), Ellie (1180) and Paula (5454).**



Astrology

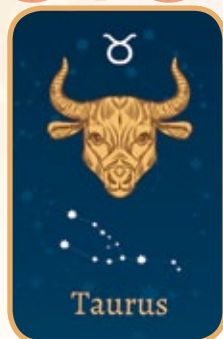
with our
expert

Carol Day

Welcome to Free Spirit's in-depth
horoscopes for May 2021



Aries can look forward to a roller coaster month full of exciting surprises. A benevolent Jupiter moves into your spiritual sky, which seems to protect you from the 30% retrograde planets. The Lunar Eclipse falls in your 9th sky on the 26th ruled by Jupiter. There are changes in education/ worship, along with family dramas, you cope amazingly. You're still in a yearly money peak until 21st, earnings are good. Money gives you freedom to reach for the stars!



It is a 'God has given us Maytime' feeling this month. Jupiter's move into Pisces on 14th brings key spiritual teachers into your social circle, with a cosmic message: Life is short, start doing what you were born to do! You're still in a yearly pleasure peak until the 21st so it's an ideal time to get back into shape. A Lunar Eclipse on 26th occurs in your 8th makeover sky, a time for review. Plus, you begin a yearly money peak on 21st so May is prosperous. Taurean Bliss!



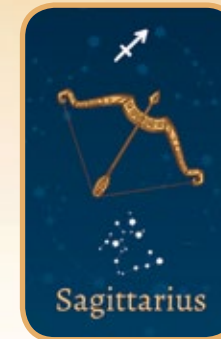
It's certainly a merry month of May for Gemini. Your love planet Jupiter moves into your 10th career sky and success is happening in both camps. We have a Lunar Eclipse on the 26th which occurs in your love sky and the good news is, Jupiter will be at the top of your chart all month. You're still in a spiritual period until 21st and a New Moon on 11th occurs in your spiritual sky which offer sacred insights. On 21st you begin a personal pleasure peak. Heaven!



Lucky Jupiter's move into your health/ work sky on the 14th indicates good news on the health front. Pre-existing conditions get better and very good job opportunities arise too. There's also a Lunar Eclipse on the 26th which occurs in your communication/ education sky. So, students could have changes at schools and educational shake-ups. The eclipse is benign for you but R&R won't go amiss. On 21st your 9th sky is strong, it's the most exalted of all houses!



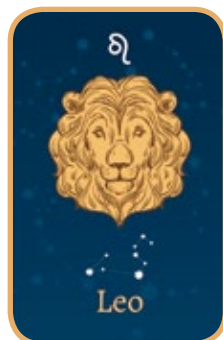
Jupiter's move into Pisces on the 14th relieves any health pressures you may have. It also signals increased earnings and you can look forward to a prosperous month ahead. Your financial intuition is excellent and there's more luck in speculation. Those involved in creative arts are in demand. A Lunar Eclipse on the 26th falls in your money sky, so call in your money mentor. On 21st the Sun is in your regeneration sky and favours all Scorpio pursuits. Blessed!



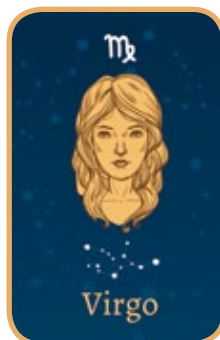
Since March the planetary power has been moving into the social Western sector of your chart. May highlights this cycle on 21st when the Sun enters your 7th sky and you begin a yearly love/social peak. Likeability matters more than your career skills. Now the social sector is the strongest, and a Lunar Eclipse on the 26th helps you to redefine yourself. Jupiter is busy with a Feng Shui makeover and Mercury/ Venus shower you with love and romance.



Sensitive Moonfolk can look forward to some cosmic changes this month. A kind of celestial Monopoly is being played out, and we know you don't welcome changes! Jupiter's move into Pisces on 14th comes to your rescue and boosts creativity at work and for new health regimes. A Lunar Eclipse on 26th also falls in your health/work sky – Jupiter's domain. Friend's open doors to further your career, and family harmony helps find a new pathway to financial profits.



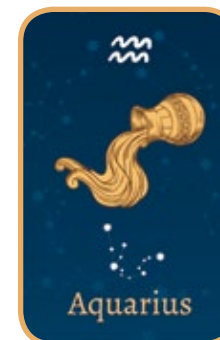
Lucky Leo's remain in an annual career peak until the 21st and are personally successful. It's not just about your career, but your personal appearance and overall demeanour. Because of your career success your focus now shifts to the social life. Friends and group activities, puts you into a better social circle. A Lunar Eclipse on the 26th falls into your fun/children sky, Jupiter's realm. Make sure you get enough rest and celebrate your success with the beloved.



Busy Virgos are urged to slow down the pace of life in May, as retrograde planetary increases to 30% by the months end. This is not a problem for you, only a slowing down of events. Jupiter makes a move into your love/ marriage sky on the 14th, so, love is in the air! There is a Lunar Eclipse on 26th in your home/family sky, so opt for more R&R during that time. The Sun gives you a career peak on 21st and you enjoy personal success with close family.



Busy Capricorns can cross over to the sunny side of the street and leave their worries on the doorstep in May. You are still in a yearly pleasure peak until the 21st. You've had your fair share of hassles, it's time to let go and have some fun. Often when you're refreshed, you'll find answers to any catch-22's. Spiritual planet Jupiter moves into your intellectual sky on 14th; after a Lunar Eclipse on 26th in your spiritual sky, you'll feel a need to survey the sacred!



Jupiter is showing our caring water-bearers that money makes the world go around in May. Jupiter proclaims prosperity as he moves into your money sky on the 14th, where he will stay for several months. Your clever networking abilities and good friends are sources of profit. On 21st the Sun enters your 5th sky and you begin another personal pleasure peak, a kind of cosmic vacation. Time to enjoy life, indulge your creative side and embrace a Maytime playtime aura.



If dreamy Pisceans have been wishing on a star of late, you'll be pleased to know that some aspirations may come knocking at your door in May. We are looking at increased wealth, a fabulous lifestyle and great career opportunities for you. This is courtesy of Jupiter the most benign planet of the Zodiac, who moves into your sign on the 14th. There's a Lunar Eclipse on 26th in your career sky, so slow down or why not enjoy a pure health spa top-to-toe experience?





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