

# FREE SPIRIT

November 2024



## FEATURES

Fire Rituals, Fire Gods,  
Meditation & Balance, and more!

## PLUS

November Horoscopes  
& Reader Profiles

**Cynthia Erivo**

Feeling young, misunderstood  
and rather green!

discover your future, release your past

## Editor's letter

Hot on the heels of Halloween is, of course, Bonfire Night. Do you have big plans? We celebrate the season with a look at Fire Gods, and reader Sarah takes us through Fire Rituals.

Continuing October's spooky theme, we delve into dreams about attics. Have you ever had this dream? Read on to find out what it means. Then we feature cover star Cynthia Erivo who portrays Elphaba in the theatre-turned-cinema production of Wicked. Have you had the pleasure of seeing this untold witch's story on stage?

Moving onto a more spiritual side, Adele writes a fascinating article on Meditation and more. We explore creating a crystal altar in our homes - perfect for the upcoming busy season. Additionally, we introduce new reader Josephine. If you've had a reading with Josephine, we would appreciate your feedback:

[www.psychiclight.com/review-a-psychic/](http://www.psychiclight.com/review-a-psychic/)

On the home front, we take a look at what to do in the garden during November and continue with our Tarot spreads - this time focusing on the Horoscope Spread which is fantastic for examining all areas of life. Lastly, don't miss your zodiac forecasts for November.

*Charlotte*

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**Aelissa**  
PIN: 4444

Aelissa is psychic, clairvoyant, clairaudient, clairsentient and a far seer. Aelissa feels that the reasons and causes; behind issues are clearer, timescales are more accessible, and probable outcomes are identified when using Tarot as a reading tool.



**Fran**  
PIN: 1133

Fran is a psychic medium with 17 years of experience; she hears and feels Spirit; and has done so from a young age. She meditates before readings, allowing her guides to draw close; to inspire her with messages and words of wisdom for those that seek answers.



**Joanna**  
PIN: 4567

Nothing shocks Joanna as she has encountered many unusual situations. She has studied esoteric energy, telekinesis and paranormal activities. Joanna offers sage advice based on her unique perceptions, offering clarity when someone is confused.



**Robbie**  
PIN: 3443

Robbie is a very positive and powerful trance medium, healer and intuit. A natural psychic since childhood, he works with his Samurai guide Yashubi and Archangel Metatron to connect with your guides for whatever particular worry or concern you may have.



**Ruth**  
PIN: 2022

Ruth has devoted her life to spiritual development; she feels that continuing change and the ability to adapt are significant in our life journey. Ruth works closely with her angel guides with dedication and sincerity to effect change in the lives of those that call.



**Sandra**  
PIN: 2662

Sandra has over 29 years of experience in spiritual work; her gift has taken her all over the world. She gets messages from Spirit through thoughts, feelings and visions; she works on your voice vibration, which assists with the connection and answers.

All calls are recorded; the caller must be 18 or over and have the bill payer's permission.

Readings under UK law are deemed to be for entertainment only. Helpline: 0800 156 0580.

# FIRE RITUALS



Written by  
Reader Sarah  
PIN: 9888

Since it is the time of year when bonfires, lanterns, and pumpkins are lit, it seems like a good idea to explore fire rituals and how you can incorporate them into your own personal spiritual practices.

Fire rituals may seem a bit daunting at first, conjuring up images of massive bonfires and fire pits burning. Although attending this type of event is great fun, it is also possible to create your own fire rituals and meditations easily at home. It goes without saying that whenever you are working with fire or flammable objects, always take the greatest care and never leave a burning object unattended.

## Healing, purification & protection

Fire rituals have always been conducted for healing, purification, and protection. Often, you hear of candles being lit for protection and banishing of negative energies (especially black candles). Fire itself is a transformative tool and for this reason it is also used in rituals of transformation and change. Think of the Phoenix here when it burns to be transformed and reborn again.

Lighting candles, pumpkins, lanterns, and bonfires has always been a ritual of protection. Keeping these lit during times when the veil to the other side is thinner (for example, on Samhain/Halloween) offers you protection and shielding against any unwanted spirits who may wish to cause mischief and mayhem.

Jumping over bonfires and fires has been ingrained in history. Doing this (often naked!) at specific times of the year was thought to enhance fertility and bring luck to the jumper.

Merely running your hands over a fire to sense its warmth can provide a sensation of purification and solace. Fire, as an element, is highly dangerous yet also profoundly therapeutic and soothing.

The use of smoke instead of fire in rituals is

widespread too. Lighting incense to purify our homes and ourselves is a practice familiar to many.

## The Myth of Ifrit

I wanted to include in this article a brief mention of the myth of the Ifrit. This creature originates from Islamic mythology and is fascinating. A very powerful supernatural entity, they are highly feared and revered. They are rebellious Jinn that create chaos and mayhem, created from smokeless fire. They are known for their strength, cunning, and ability to shape-shift like fire itself. Some believe they could be summoned and controlled by humans for their bidding. However, for obvious reasons, it is advised to avoid this at all costs!

Regardless of how you incorporate fire into your rituals and spiritual practice, remember that it is not only a symbol of destruction and change. It also serves as a purifier, cleanser, and healer that can help to calm and center your mind, body, and spirit. Whether it's a small tealight candle or a roaring bonfire, fire can be utilised as a tool in rituals. No matter how you integrate it into your spiritual practice, I hope you find joy in its use while showing respect for its power.

Best wishes, Sarah

# Crystal Altars

If you enjoy crystal healing, why not set up a small crystal altar in your home to celebrate the late autumn season?

You can set up your crystal altar however it suits you. Many people like to decorate with candles, herbs, spiritual objects, healing bowls, and of course crystals. You might choose crystals that are in the same colour hue or those that lean towards a specific purpose - like love and harmony. Or you might want a setup that is conducive for meditation, charging energy, cleansing, spiritual connection, or healing. Some people even set them up in relation to the elements - Earth, Wind, Fire & Water. You could even take it one step further and include a 'fifth' element - whatever that means to you - 'Ether', 'Psychic Intuition', and so on.

If you have the space to place the altar in a low-traffic area of your home, that is ideal. However, regardless, it is still a good idea to cleanse the altar daily. You might choose to light a candle and let the fire/smoke cleanse the area. Alternatively, you could smudge the altar with sage or incense.

Before you begin using the altar it is a great idea to 'activate it', you can do this in a number of ways. You may choose to meditate in front of the altar, moving your concentration in turn through each crystal. Or you could place your hands over the altar, as if warming yourself above a fire, whilst you think or say out loud your intention for the altar - perhaps you have a

favourite mantra. A great one for this busy season is 'Good enough is good enough'!

*If you are looking for a suggestion for your altar, why not consider the Snow Quartz?*

The **Snow Quartz** is often associated with the winter months of the year, possibly due to its healing abilities in resolving family conflicts that tend to arise during Christmas gatherings.

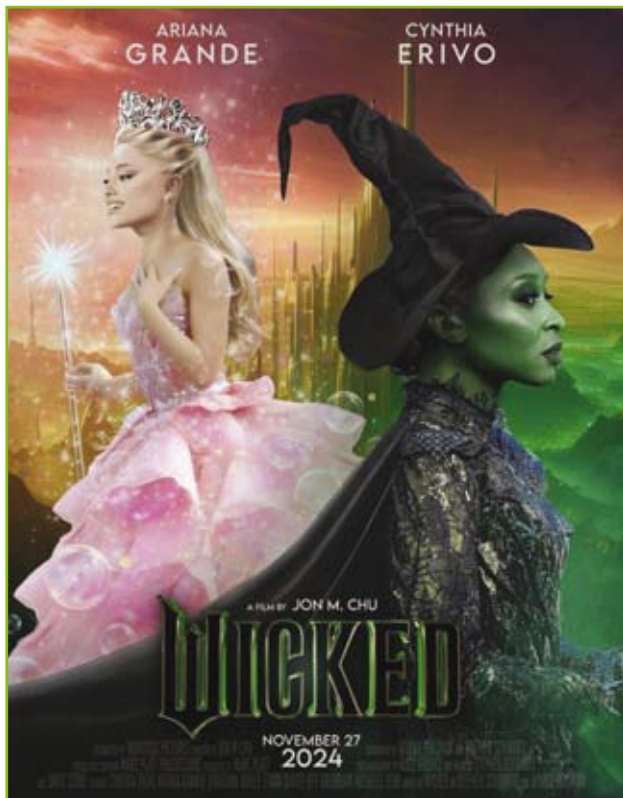
Similarly relevant during the holiday season, when expenses are high, many individuals carry this crystal in their wallet, purse, or handbag to help with financial challenges and promote balance and good practices in managing money.

This stone is beneficial for anyone throughout the year as it is believed to attract good fortune. It also aids in preventing feelings of being overwhelmed and encourages recognising personal boundaries. Therefore, it's an excellent gem for those who struggle to decline invitations or constantly find themselves hosting numerous guests.

For individuals who are not naturally social and find social events challenging, Snow Quartz can greatly improve their ability to cooperate and communicate tactfully.

Snow Quartz can be used interchangeably with Clear Quartz in healing rituals; however, its effects may be more gradual and gentler.





# IT'S TIME TO BE WICKED

**W**icked has been celebrated as a beloved and enduring musical for over twenty years on stage, and now it is making a highly anticipated transition to cinema screens around the globe this November.

The film has been entrusted to director Jon M. Chu (known for Crazy Rich Asians and In the Heights). Interestingly, they decided from the outset that this would be a 2-part film series, so Wicked Part Two will premiere on the 26th of November 2025. Jon M. Chu has said, "I want people to see 'Wicked' and experience it in a way they've never experienced before. I want

them to feel what I felt going into that theatre for the first time. I want to make them laugh, make them sing, and make them feel that after watching it, they've been changed 'For Good.'"

## The Story

If you have never had the pleasure of watching the theatre version, then here is a synopsis of what the story entails.

In the untold tale of the witches of Oz, Cynthia Erivo (our cover star) portrays Elphaba, a young woman with green skin, misunderstood and yet to realise her true power. Ariana Grande plays Glinda, a privileged and ambitious young woman who is yet to discover her true heart. The story follows their meeting at Shiz University in the Land of Oz, where they form an unlikely but deep friendship. After an encounter with The Wonderful Wizard of Oz, their paths diverge significantly. Glinda is drawn to power due to her thirst for popularity while Elphaba remains steadfast in staying true to herself and those around her, leading to unforeseen consequences. Their adventures ultimately lead them to fulfil their destinies as Glinda the Good and the Wicked Witch of the West.

## Cast

The film features Michelle Yeoh, an Oscar® winner, portraying the dignified headmistress Madame Morrible of Shiz University; Jonathan Bailey taking on the role of Fiyero, a charming and carefree prince known from Bridgerton and Fellow Travelers; Ethan Slater, a Tony nominee recognised for his performances in Broadway's Spongebob Squarepants and Fosse/Verdon, playing Boq, a kind-hearted Munchkin student; Marissa Bode making her debut in feature films as Nessarose, Elphaba's beloved sister; and the renowned Jeff Goldblum appearing as the iconic Wizard of Oz.

## Trailer and more...

In UK cinemas from 22nd November 2024. The screen adaptation of Wicked, originally penned by Gregory Maguire, is crafted by Winnie Holzman, the book writer for the stage production, along with the renowned Grammy and Oscar® winning composer and lyricist Stephen Schwartz. [www.wickedmovie.com/](http://www.wickedmovie.com/)

"Wicked: The Soundtrack" is scheduled to coincide with the film's premiere. The soundtrack will feature performances of iconic songs from the musical such as "Popular" and "Defying Gravity," sung by Cynthia Erivo and Ariana Grande.

# signs & symbols

## FIRE GODS

**W**ith a nod to Bonfire Night on the 5th of November, in this month's edition of signs & symbols, we take a look at Fire Gods.

On Bonfire Night, standing around a fire is quite fun as we light sparklers, eat yummy food, keep warm, and wait for fireworks to light up the sky. However, in other circumstances, fire can be quite dangerous. Over the centuries, it has come to represent war, chaos, purification, and regeneration. It is also linked to the sun, the colour red, the hearth and home, and even divine love.

Fire is, of course, an all-powerful element - beneficial but also violent. Fire gods are seen in many cultures across the globe. The Romans and Greeks had gods associated with the forge and the hearth. We take a look at a few examples:



- In Sanskrit, the name of **AGNI**, a Vedic deity, translates to 'fire'. Depicted with one or two heads, symbolising his dual nature of destruction and compassion, he is revered as the vital energy within trees and plants.
- **CHENTICO**, the Aztec goddess associated with volcanoes and the hearth, was believed to possess a tongue of fire. She held a special place as the protector of goldsmiths in Aztec mythology.
- **CHU JUNG**, the Chinese fire god, was known for enforcing the laws of heaven by punishing transgressors. He is commonly portrayed in armour and gained fame for battling his own son to prevent him from seizing the heavenly throne.
- **HUEHUETEOTL**, an Aztec deity associated with light and fire, is commonly portrayed as an elderly figure with a red or yellow complexion and a censer (incense burner) atop his head.
- **SEKHEMET** is frequently portrayed as a female figure with the head of a lioness and holding a cobra that breathes fire, this fierce Egyptian goddess of war annihilated her foes using fiery arrows, her radiant body resembling the midday sun.
- The Roman god **VULCAN** is associated with craftsmanship. He worked in his forge beneath Mount Etna, making weapons for gods and heroes. He is often depicted wielding an axe. Additionally, he was linked to volcanoes and fire, and he was celebrated during the Vulcanalia festival in the month of August.

# MEDIATION & BALANCE

In this article Adele would like to talk about Meditation and Balance and the role they have in her life as a sentient being, artist and psychic. Adele believes that the middle way is the best way for her and her life. Adele explains how meditation supports her in what she is able to do as a psychic and psychic artist, when you meditate you find that place of calm, serenity and peace.

Written by  
Reader Adele  
PIN: 3622



Meditation brings you the opportunity for transformation through altered states of mind. You are able to activate your mind at a time when you can do whatever you set your mind to but your heart and soul need to be open to whatever you are setting your mind to do, the mind is limitless. The important point here is that you can do anything once your heart and mind are engaged. It is the gift of fantasy to fuel dreams that come true, a time of faith and dreaming big, a time of creativity, passion, and inspiration.

## Manifest your Dreams

We may have our dreams, but without action, they cannot come true and manifest. Adele explains that this is not an easy state to reach, and it can take years to master. However, as long as you don't give up, you will get there. If you would like to enter the silence where all things are known, connect with the universal consciousness, synchronise with your infinite potential, and receive enlightened answers enabling you to act with certainty, then please read on...

It is vitally important that you stay alert. Synchronicities will occur regularly, but you have to be attuned to notice them. Adele explains our minds are powerful tools that can either work for us or work

against us, so having the right mindset is crucial. Having a growth mindset means believing we can be good at anything; it is down to the actions that we take, the skills that we seek to develop and practice. Anything is possible with the right mindset and people are capable of living extraordinary lives.

This mindset can be achieved, which can help people be more resilient to setbacks and stress. Having the right mindset gives you immense health benefits and overall well-being. People with a growth mindset are more likely to succeed in life. Are you physically, mentally, and emotionally ready to enter a new phase in your life? Are you ready to grow and improve?

## Samyama

The role of the brain and the practice of Samyama possess immense power to awaken dormant abilities, increase focus, and unveil new dimensions of consciousness. By channelling our energy towards specific intentions, Samyama allows us to transcend limitations and tap into our innate potential. While science is still unsure as to how and by what the brain is programmed, its role as an electrically generated computer places us firmly within the manipulative spectrum of at least one of four forces now acknowledged as constituting the grand unified

theory or theory of everything: electromagnetism, the weak and strong nuclear forces, and gravity.

A fifth reconciling force has also been suggested, but scientists are still in the process of discovering and establishing what this might be. Adele believes it to be Time and is not alone in the concept that Time is an energy in its own right. Adele's premise is based on the concept that matter, as energy manifest ( $E=mc^2$ ), needs to enter a given time-band or slower frequency in order to affect that manifestation. "The intellect has little to do on the road to discovery. There comes a leap in consciousness, call it Intuition or what you will, and the solution comes to you, and you don't know how or why." - Albert Einstein



But to return to our brains and their programmers, the field theory provides a perfect answer. The field or consciousness, if you prefer, is a non-local component which exists separately from the brain and affects its programming via the electromagnetic web extant at the frequency of matter at which this planet operates. The soul or psyche could be seen as a more orthodox concept of the field but, as with all fields, we are surely dealing with different bandwidths, while the brain itself is also dependent upon the societal software with which it has been programmed. Fields with extended bandwidths are capable of dispensing with this software and writing their own programs or in terms of Jungian psychology, individuating from the collective.

## Mindset

But first we have to conquer the hindrances and gain the right mindset. Meditation requires a lot of energy, a lot of application, a lot of persistence and stamina. Looking at it in another way, it is a bit like a battle: to win a battle you need a high resolve and you need to know your objectives. Our objectives in this case are higher, happier states of consciousness and peace of mind.

Adele says that you can connect to spirit, and by listening to your inner voice, you will make the best decisions in your life. She also encourages you to embrace your emotions and try not to suppress them;

give them freedom. Use your creative energy, be more open to the direction that your life is taking you, be more responsive and accepting of your inner knowing, and channel these energies forces in a constructive and balanced way. This can lead you to great health, pleasure, peace of mind, and freedom.

If you are struggling creatively, then listening to your intuition and balancing your life can help your energy flow freely once again. Adele suggests that you try to connect more with your inner self through meditation and soul-searching. She believes that all the knowledge you need for yourself, wellbeing, and peace of mind lies within your soul; looking inward is the way forward now. You must learn to trust in your power to emerge. Check if your human and spiritual bodies are in balance. Adele warns that becoming too focused on earthly pursuits may make you forget that fundamentally, you are a spirit. Conversely, getting too absorbed in spiritual teachings could cause you to overlook important lessons offered by the human experience.



## Freedom

The true essence of freedom in life is understanding that even during the toughest journeys and challenges within you, there lies the determination, energy, and passion not to give up - leading you towards where you aspire to be. Doors will open for you, ideas will flow towards you, and your dreams will begin manifesting.

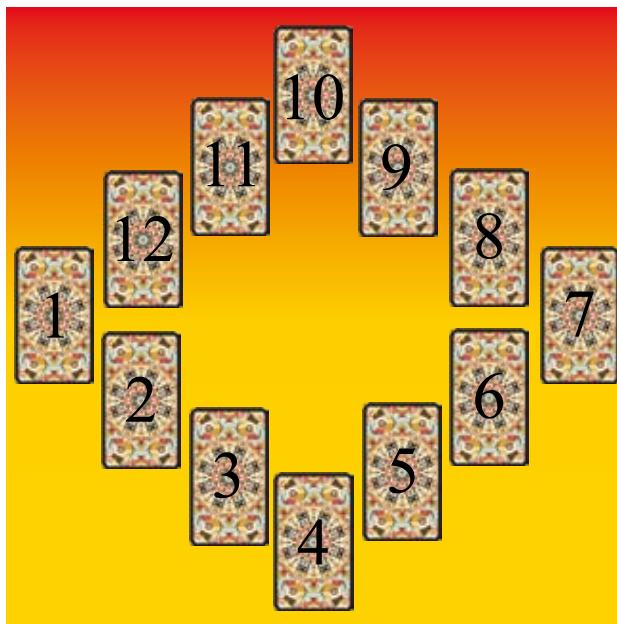
Everything necessary to live out your dreams and best life resides within you; however, believing in it is key. If truly believed in, it can be created by you.

*Peace, love and harmony,*

*Adele*

# TAROT SPREADS

## THE HOROSCOPE SPREAD



In the October Free Spirit Magazine we explored the Celtic Cross spread, and in this edition, we are delving into the Horoscope spread.

### WHY MIGHT YOU USE THE HOROSCOPE SPREAD?

As you might guess from the name, this Tarot spread borrows from the astrological concept that the horoscope is divided into twelve sections or houses, each of which governs different areas of your life. Therefore, this spread is fantastic when you want a reading that encompasses all aspects of your life.

### LAYOUT OF THE CARDS

So, there are twelve cards in the spread. The layout is a bit like a clock face with 12 cards in a diamond-type shape. Unlike a clock, the first card (1) is in the 9 o'clock position, and the cards then follow in sequence in an anti-clockwise manner. For example, 12 o'clock is card 10, 3 o'clock is card 7, and 6 o'clock is card 4. \*see the image for better clarity.

### WHAT DO THE CARDS IN THE SPREAD REPRESENT?

Each of the cards looks at something specific:

- 1 - Your personal life.
- 2 - Your values, and also possessions.
- 3 - Covers any siblings you have, short journeys and communication.
- 4 - Your roots, upbringing, family and home.
- 5 - Creativity, love and also children.
- 6 - Charitable endeavours, your health and wellbeing, and your day-to-day routines,
- 7 - Relationships.
- 8 - Financial matters - both your own and any shared interests. Plus, any relationships you would categorise as 'intense'.
- 9 - Your education, long-distance travel and challenges you face.
- 10 - Your goals, your career and social standing.
- 11 - Friendships, and your hopes, wishes and heart's desire.
- 12 - Biggest fears and secrets!

### ALTERNATIVE SPREADS AND LAYOUTS

Readers can adapt this spread to suit various purposes. For instance, a psychic could utilise this reading to foresee the upcoming year by commencing with the following month and assigning one card to each calendar month.

Another use is for each card to have a different meaning specific to a topic. Instead of being about all areas of your life, it might focus on relationships. Each card would be assigned to different types of relationships, from family and friends to colleagues and significant partners, etc.

For those who are new to Tarot readings, the abundance of information may initially feel daunting. However, there is no need to fret. During a Tarot reading with our psychics, they will expertly lead you through the cards and layout effortlessly, alleviating any concerns about understanding each card's significance.

## What to do in the garden this November



Last month, we examined what was necessary to prepare our homes inside and out for winter. Today, we shift our focus to the garden.

As I compose this article, Hurricane Milton is heading towards Florida, closely following Hurricane Helene. These seismic events are frequently attributed to global warming. Even gardeners in the UK are adapting to changing weather patterns, which consequently affect the tasks required in the garden each season.

### Planting

- If the weather is mild, and not too wet - you may still be able to mow the lawn occasionally - make sure you raise the blades.
- Plant tulip bulbs in containers and garden borders, ensuring they are covered with soil or compost that is at least twice their depth.
- Once the first frost hits, dig up dahlia tubers, clean them, and store them in dry compost in a cool, frost-free location.
- Trim any withered perennial plants and cover the nearby soil with garden compost for nourishment.
- Transfer any alpine plants to a sheltered area to protect them from winter rainfall. Add more gravel mulch around the alpines to prevent moisture accumulation in the soil, which may lead to rot.
- Shield borderline hardy plants like agapanthus by applying a dense layer of straw or garden compost for protection.

### Growing Patches

- Utilise cloches to shield winter peas, beans, and salads. Remember to keep the ends open since proper ventilation is crucial for their growth.

- Cultivate garlic, shallots, and onions in well-draining soil or raised beds, then shield with fleece.
- Trim autumn-bearing raspberries down to the ground post-harvest.
- Prune dormant fruit bushes such as blackcurrants, redcurrants, white currants, and gooseberries.
- Clean up the strawberry beds by trimming away old leaves and crowded runners, while also getting rid of any weeds.
- Cover cabbages, kale, and other sturdy brassicas with netting to shield them from pigeons.
- Provide support for tall Brussels sprouts by using strong canes, and mound soil around the base of the plants to enhance their stability.

### In the Greenhouse

- Insulate the walls and roof of the greenhouse using bubble polythene to provide thermal protection.
- Ensure that all delicate plants are securely sheltered inside and protected from frost.
- Clean the greenhouse staging, glazing, and framework thoroughly using disinfectant. Rinse all unused pots and trays, then neatly store them under the greenhouse staging for easy access in the spring.
- Remove any withered tomato and cucumber plants from the greenhouse and transfer them to the compost pile.
- Transfer potted herbs like parsley and chives inside for ongoing harvest during winter. Plant leafy vegetables like rocket in small seed trays on a sunny windowsill for winter harvesting.
- Monitor greenhouse temperature and act accordingly.

# DREAMING OF A SPOOKY ATTIC!

You are dreaming of an attic, but instead of the typical space filled with luggage, Christmas decorations, old toys, and so on, it has a more spooky and sinister appearance and undertone.

## **The Dream**

In the dream, you likely hear the floorboards creaking even though you know that the attic is empty - no one should or could be up there. You might even hear voices or murmurs, although it's unlikely you can make out full conversations. The possessions you see appear odd and are arranged in peculiar ways. You feel very scared, torn between thinking you should investigate and imagining finding a ghost or something worse if you do! You need peace of mind that nothing strange is happening - but how can you achieve it?

## **Dream Meaning**

Different rooms in a house typically represent aspects of your character. The top of a house, the attic, is associated with your head and symbolises what is happening in your brain - your thoughts, feelings, and more.

Dreams bring forth memories and ideas from your waking life. Attics are often used for storage, and their contents can reflect plans and projects that you have had to abandon for various reasons.

It is likely that something in your waking life has brought these old ideas, hobbies, and projects to mind, making you feel restless to explore them once more.

Earlier we mentioned creaking floorboards; they represent the steps you need to take to bring your ideas to fruition. Similarly, the voices you heard symbolise the things you need to communicate verbally to others about your plans. Even the arrangement of items in the attic holds meaning; it signifies all the variations of your ideas and plans and how they might unfold.

## **In Your Waking Life**

It can be scary to consider your past and look at the 'what might have been's.' The path not taken is now calling you back. It could be a pastime that you have long forgotten, but something has awakened that spark once more. The dream is telling you to open yourself up to new and exciting possibilities. Bring ideas and projects back to life. Maybe earlier on, you did not have the time, energy, or resources to bring something to fruition - but it could be that you do now.

In dreams, a house often represents ourselves. If you think about it, attics are a lot like forgotten areas of the brain where we park and store information for some point in the future. Now is the time to take that 'something' out of the attic/brain - dust it off and see in the cold light of day how it might work for you.



# Reader Profile

# Josephine

**PIN: 4499**



Josephine guides individuals on a path of spiritual enlightenment, offering a unique blend of clairvoyance, clairaudience, clairsentience, and remote viewing. She has a profound connection to the angelic realm and provides insightful guidance, healing, and empowerment. This allows clients to unlock their potential and navigate life's challenges with clarity and purpose.

## **Intuitive Gifts**

Intuitive gifts are powerful tools for understanding your past, present, and future. Josephine utilises her clairvoyant abilities to see and understand situations and events beyond the physical realm. Her clairaudient abilities allow her to hear messages and guidance from spirit guides and angels, while clairsentience enables her to sense and perceive energies, emotions, and intentions. Remote Viewing is another of Josephine's gifts that she uses effectively to access information and gain insights from distant locations.

## **Manifest your Desires!**

With all of these gifts, Josephine can offer guidance on relationships, career, well-being, and personal growth. She empowers you to make informed decisions and manifest your desires. Josephine's readings also incorporate the transformative power of colour therapy. She utilises the vibrant energy of colours to promote healing, balance, and harmony within your energy field. By understanding the unique vibrations of different colours, Josephine can create customised treatments that address specific needs and support your overall welfare.

## **Divine Energy**

Josephine's deep connection to the angelic realm enables her to channel their wisdom and love, providing guidance and support for your spiritual journey. She firmly believes that angels are constantly present, prepared to support you in reaching your fullest potential and lead a life brimming with purpose and joy. By engaging in her readings and healing sessions, you can access this divine energy and witness its transformative influence.

## **Testimonial**

If you have recently had a reading with Josephine, we kindly ask for your feedback. Your thoughts and experiences are valuable to us in improving our services. Please take a moment to share your review by visiting [www.psychiclight.com/review-a-psychic/](http://www.psychiclight.com/review-a-psychic/). Your feedback helps us better understand how we can continue to provide quality readings and support to our clients. Thank you for taking the time to leave your comments.

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# Astrology

With our expert:

*Chrystalyte*

Welcome to Free Spirit's in-depth horoscopes for November 2024



**Aries**

Mars moving into Leo – a fellow Fire sign – adds a tremendous boost from November 4th, with potential to last all month long. With extra energy and confidence your allies, so much can be achieved! A possible downside is where the energy gets a little bit too fiery, with various dramas unfolding. Any fireworks will likely be short-lived, however; you and others can forgive, forget, and move on. You may have had your fill of a personal critique, however, and nobody could blame you for giving that one a wide berth!



**Taurus**

It could well feel as though all the action with new activity is happening for someone else around you, or maybe you simply imagine that others have it easier, or have more going for them. Yet, if you're willing to give things time, there's every indication – from Venus moving into fellow earth sign Capricorn – around the 11th – that you'll get some just rewards for patience and efforts. Venus links well with Neptune on the 19th, opening a spiritual or intimate link. You may make a very special connection this month.



**Gemini**

Mercury sails beautifully through free-floating Sagittarius from the 2nd, offering opportunities to expand your horizons and enjoy more adventures. Activities may come to a temporarily halt, or merit rethinking around the 26th when Mercury turns retrograde, appearing to move against the passage of most other planets. Any hiatus will offer a new perspective, bringing fresh ideas, prompting you to revisit meaningful old ground. Connections with Neptune & Pluto across the first week offer chances for special attachments and the rejuvenation of a long-lost connection.



**Libra**

The mid-month full Moon is in Taurus, a zodiac sign with which Libra shares common ground as both have a kind protector in the planet Venus, watching over them. There are times when Venus emphasises your creative and artistic sides, including any appreciation of the arts. And this applies whether you want to apply yourself to particular activities or simply appreciate other people's efforts; the connection is a creative goldmine either way. You may find you have enough as the month develops, however, and will be glad to release something.



**Scorpio**

The Scorpio new Moon makes the start of the month an intense time and one when you may have more of an opportunity to tuck under and visit deeper places. Your own company could feel more enriching than time spent with most others. And you'll tend to draw greater strength from quiet and relatively restful activity. By the 21st a sea change is due and you may find that the way has cleared over an issue that was taking your energy or focus, as the Sun and Pluto link positively.



**Sagittarius**

The Jupiter picture remains similar this month – still retrograde, remaining in Gemini, neither of which make for the easiest ride. But it may be an interesting journey all the same, not least if it leads to reviewing aspects of the past. Maybe it's important to revisit places or relationships, whether literally or in your thought processes, to work out what remains meaningful and which parts of your story still have unfinished chapters to work on. If other people are not forthcoming, it's not personal – just life getting in the way.



**Cancer**

As this month opens, a new Moon in your fellow Water sign of Scorpio adds supportive energy for fresh projects and ideas, offering a boost in a fresh direction. The Moon's move into Cancer on the 18th strengthens your creativity. But you may be up against temporary opposition from an authority figure, or be pulled to place energy elsewhere. The Moon opposed by Venus hints at energy conflicts, with someone's desires for relatively superficial activities or preferences clashing with your inner needs. Still, you may be able to meet midway.



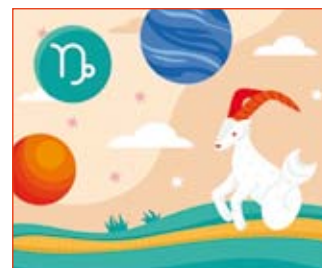
**Leo**

November's beginning could feel quite intense with a new Moon in Scorpio which, like Leo, is one of the Fixed signs in the zodiac. Fixity in signs implies immovability. So, you may literally feel a bit stuck around something. Or may encounter other people being stubborn or difficult to make progress with. It may be them more than you! But maybe the entire picture hints at a need to allow time and space for that which is hard to process. Further inspiration is due from mystical Neptune around the 19th.



**Virgo**

With Mercury in Sagittarius for most of the month, there's a good chance you will be spurred into action on several fronts. That zodiac sign shares a quality with your own of being flexible, as well as multi-talented. This could add up to ending up taking on one too many tasks. The thing is, you may be capable in terms of talents, but time scheduling also needs good handling. So don't be shy around the midmonth Taurus full Moon to say no to anything threatening to clog up the works.



**Capricorn**

The moment many Capricorns have waited patiently for – the move of Saturn to forward motion – finally arrives in mid-November. Put out the flags and do a little dance! What it means is that some structure can be put in place, finally, allowing for a long-range view of matters. Whether picking up on old plans, or making new ones, the way now is of forward progress. Solar contact on the 4th may be significant and illuminating in the run up, whilst a Mercury connection on the 12th suggests one final argument.



**Aquarius**

Uranus may still be retrograding – travelling in a backward path against other planets – prompting memories from the past to filter through sporadically. But the key is to work to join the dots between these seemingly unrelated elements, as you work towards weaving a new tapestry for the future. A solar opposition with Uranus around the 17th may prove pivotal to appreciating or rejecting another's point of view. You are free to choose, but may wish to acknowledge where scars have run deep before settling on a new or continued path.



Floating is the image coming to mind in observing Neptune's continued, retrograde pattern in the heavens, with most other planets contrastingly in forward motion. But this is simply about relaxing and letting the tide carry you gently on the water's surface; though some may see it as drifting aimlessly. What matters is that you don't put yourself under unnecessary strain. Mercury's wisdom can help with good ideas at the month's start, so don't ignore what comes to mind then. And be ready to handover anything you're not that interested in.





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