

FREE SPIRIT

A close-up portrait of actress Rosamund Pike. She has light brown hair pulled back, revealing her face. She is smiling, showing her teeth, and has bright red lipstick on. She is wearing a black garment with a high, structured collar. The background is a soft, out-of-focus pinkish-red.

November 2025

FEATURES

**Smoke & Mirrors,
Healing Power of the Sea**

PLUS

**November Horoscopes
& Reader Profiles**

Rosamund Pike

**Navigating a labyrinth
of betrayal, loyalty,
and moral ambiguity.**

discover your future, release your past

Editor's letter

We have a powerful magazine this month, celebrating the season that November brings. From All Saints' Day and All Souls' Day on page 4, with *Guides, Saints and Spirits*, to *Smoke & Mirrors* on page 9, which explores what happens when the smoke clears after Bonfire Night.

Turning to our readers, Sarah was inspired by her holiday in Greece to write about the healing power of the sea (pages 10–11). We also catch up with Adele, who believes acting on your intuitive guidance is what will make the real shift from surviving to thriving in your life! Then, Robbie, who is warm, compassionate, and naturally humorous, with a unique ability to put people at ease.

We have reached the conclusion of our *Rainbow of Angels* series, with the final feature on the Lilac Ray – Archangel Tzaphkiel, the fifth eye chakra, and connecting with angelic guidance. Plus, we have a practical guide this month on making the most of any Tarot readings you may have.

On the celebrity front, Rosamund Pike graces the cover. She stars in the latest instalment of the *Now You See Me* series, *Now You See Me: Now You Don't* – a high-stakes adventure. And, as always, this month's horoscopes await you on pages 14–15 – enjoy!

Charlotte

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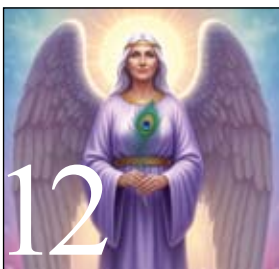
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INSIDE FREE SPIRIT Magazine November 2025



Rosamund Pike image: CarlaVanWagoner / Shutterstock.com / Cold water swimmer image: jax10289 / Shutterstock.com

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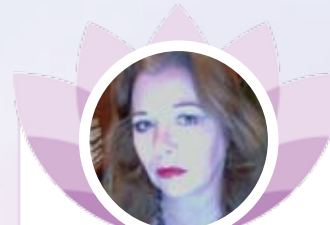
Pick from our many talented psychics, all with different techniques



PIN: 4444

Aelissa

Aelissa is psychic, clairvoyant, clairaudient, clairsentient and a far seer. Aelissa feels that the reasons and causes; behind issues are clearer, timescales are more accessible, and probable outcomes are identified when using Tarot as a reading tool.



PIN: 6543

Alice

Alice is a highly experienced psychic consultant; she feels her purpose is to offer guidance; to others on their journey. Alice works with Spirit to give heartfelt, profound readings. Alice provides direction on how to find your path to enlightenment.



PIN: 4270

Gary

Gary is a natural born medium, clairvoyant and clairaudient psychic with 40+ years of experience. Guided by his Spirit Guide, Black Cloud, Gary offers compassionate readings with insights and clarity, to provide you with the answers you need.



PIN: 1010

Mavis

Mavis is a medium clairvoyant and has worked with her gift for 25 years. Through her in-depth readings, she gives guidance and direction, enabling clients to make the right decisions and choices in relationships, business, career, family and more.



PIN: 2022

Ruth

Ruth has devoted her life to spiritual development; she feels that continuing change and the ability to adapt are significant in our life journey. Ruth works closely with her angel guides with dedication and sincerity to effect change in the lives of those that call.



PIN: 2662

Sandra

Sandra has over 29 years of experience in spiritual work; her gift has taken her all over the world. She gets messages from Spirit through thoughts, feelings and visions; she works on your voice vibration, which assists with the connection and answers.

All calls are recorded; the caller must be 18 or over and have the bill payer's permission.

Readings under UK law are deemed to be for entertainment only. Helpline: 0800 156 0580.

Guides, Saints & Spirits

The 1st of November brings in All Saints' Day and the 2nd November All Souls' Day, both of which invite us to take a pause, and remember and honour those that have gone before us. These days are rooted in Christian traditions, but anyone can join in the celebration of these events – as they highlight a period of light, love, guidance and the marking of a boundary between the seen and unseen!

All Saints' Day

It is useful to consider the saints, not as perfect beings, but as people who had divine virtues. All Saints' Day reminds us that people lived their lives with incredible faith, compassion and courage. St. Francis embodied harmony with nature, St. Brigid offered messages of healing and creativity, and St. Jude provided reasons to have hope, even in moments of despair. It is a particularly powerful time to invoke their name/essence whilst meditating, especially if you are in the need of the qualities they personified.

All Souls' Day

All Souls' Day is a celebration that belongs to everyone, our loved ones who have sadly passed over, our ancestors, and even those that are still with us – but no longer part of our lives, for whatever reason. A strong message from this day, is that love doesn't die, but it does change form and continues to walk beside us.

Many people take the opportunity on this day to whisper a simple thank you, to those we miss, keeping the connection alive in our hearts. If this

period brings you feelings of sadness, it can be helpful to tell yourself that the living and the dead are not as separate as they might feel, but more in fact a great circle of Spirit.

Guides

It more modern times, it seems that we are more likely to turn to Spirit Guides, than to Saints or Souls. Many of us will have a Guide that has been with us, for what feels like our whole lives, providing us with direction and compassion when we need it the most. Spirit Guides take many forms, from ancestral to angelic, to entirely unseen and everything in between. They may communicate in many different ways, from dreams, to intuitions you receive, meaningful coincidences, a strong inner-voice, physical sensations, symbols, energy shifts to name a few.

The messages you receive at this time of year can be very strong, so take time to listen to any intuitive nudges or warnings you receive.

All Souls' Ritual

If you feel like you need a little inspiration to start hearing and taking heed of messages this season, then try this water reflection ritual.

- Fill a shallow bowl with water, and place it near a window in a favourite space of yours.
- Gaze at the surface, imagining that the water provides a mirror between you and the Ethereal Plane
- Say out loud, into the ether "May peace be sent to all those who came before me, and may their love flow back through me."

Reader Profile

Adele

PIN: 3622



Adele is Clairsentient and Clairaudient, she holds a space for clients to remember and experience their wisdom and healing inside. As well as how to master the power of their mind to create their destiny. She has been working with the healing arts since the early 1980s and with Spirit since birth. Adele is also an intuitive counsellor with over 35 years of experience and is an enthusiast of self-development and personal growth.

Readings with a client include Adele's psychic abilities as well as counselling, guidance and wisdom to assist them to better their lives. All of what Adele can be and does are designed to attune the client to the natural flow of universal energy through the use of their intuition. Adele has a unique and fully formed 'Line of Intuition' on both her hands, this shows she has a very real gift of channelling spiritual insights, strong gut instinct and a strong knowledge about people or situations.

Everyday intuitive living is a discipline for Adele, both for inspiration and personal growth. Adele's guides along with her advice are there to support her clients on their intuitive path and get them to think of subtle guidance in ways they normally don't.

Adele's readings are accessible and inspiring and utilise many common New Age exercises and spiritual practices, such as prayer, meditation and an appreciation of the healing arts. As Adele has grown in age and maturity more channels have opened up to her.

As a psychic reader, Adele knows and understands that this Divine inspiration is about belief and a 'leap of faith'. It doesn't matter how you make sense of the inner guidance, the voices and ideas that direct us. The question is, are you listening? As a creative soul, Adele knows that this intuitive area is a sacred space of hope that opens doors to flashes of inspiration, innovation, creative insight, aha moments, eclectic feelings that she would never find by reason alone. For Adele Intuition comes from her higher self and goes above and beyond her normal five senses.

Adele feels that If we want to live our best life then paying attention to those intuitive nudges, the gut reactions or sense of knowing is crucial. Acting on your intuitive guidance is what will make the real shift from surviving to thriving in your life!

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A Useful Guide to Making the Most of Your Tarot Reading

Tarot has been used for centuries as a means of unlocking insight and guiding people through life's questions. Each card in the deck bears its own symbolism and meaning, and when laid out in a spread, they weave a story that reflects your situation and lets you see it from a fresh perspective. A Tarot reading can bring clarity in times of uncertainty, highlight opportunities you may not have considered, and provide reassurance when you need it most.

www.psychiclight.com/tarot-explore-with-us/

At Psychic Light, we offer tarot readings over the phone, giving you the chance to connect with an experienced reader from the comfort of your own home. This service provides the same depth of guidance and insight as an in-person session, while allowing you to fit a reading conveniently around your schedule.

Whether you're curious about love, career, family, or your spiritual journey, a reading with an experienced Tarot reader gives you space to pause and reflect. By preparing thoughtfully and approaching the cards with an open mind, you'll be better able to connect with the messages that come through.

Understanding Tarot Readings

A Tarot reading is more than just a glimpse into the future — it's a tool for self-reflection and insight. Each reading uses a deck of cards, with each card, carrying specific symbolism and meaning. Readers may use a variety of spreads, from a simple three-card spread for past, present, and future, to more complex layouts that explore multiple aspects of a situation.

During a session, a skilled Tarot reader interprets the cards in the context of your question, combining intuition and experience to provide guidance. Whether you're seeking answers about relationships, career decisions, or personal growth, a Tarot reading can uncover hidden patterns, consider new perspectives, and let you make more informed choices.

How Tarot Readings Work Over the Phone

A phone tarot reading follows the same principles as an in-person session. Your reader uses their deck to draw cards on your behalf, interpreting their meanings in relation to the questions you bring. The distance doesn't reduce the insights or depth of the reading — the cards act as a channel for understanding, while the reader's intuition and experience provide guidance.

Over the phone, you can expect the same thoughtful, personalised approach, with the added benefit of convenience. You're free to relax in your own space, focus fully on the conversation, and take notes if you wish. This makes it easier to reflect on the messages shared and return to them later.

Preparing for Your Tarot Reading

To get the most from your Tarot reading, taking a few simple steps beforehand can make a big difference. Start by considering the questions or areas of life you want guidance on — whether it's love, career, family, or personal growth, having a clear focus, lets the reading provide more meaningful insights.

Create a calm, distraction-free environment so you can fully engage with the session and reflect on the guidance offered. Some people like to take notes during their reading, while others prefer to absorb the messages quietly and reflect afterward.

Finally, approach the session with an open mind. Tarot is a tool for insight and perspective, not a definitive prediction, and being receptive allows you to explore solutions and possibilities you may not have considered.

What to Expect During a Tarot Reading

During your Tarot reading, the reader will guide you through the process, interpreting the cards in relation to your questions and circumstances. Sessions are designed to be both insightful and supportive, you may uncover patterns, consider new perspectives, and gain clarity on your path.

You can expect the reader to take time to understand your concerns, listen carefully to your questions, and tailor the session to your needs. The cards act as a tool to explore different aspects of your life, whether you are seeking guidance on relationships, career decisions, personal growth, or other challenges.

A Tarot reading is a collaborative experience so your input is important. Feel free to ask questions, share details about your situation, or request further clarification on a card's meaning. This interaction allows the reading to be more impactful and relevant to your life.

What to Do Following Your Tarot Reading

After your reading, take some time to reflect on the insights and guidance you received. Consider any actions or changes the reading suggested and how they might fit into your current situation. Many people find it useful to journal their thoughts or revisit notes from the session to track patterns or recurring messages over time.

Remember, a Tarot reading is a tool for reflection and clarity, not a set of fixed outcomes. By thoughtfully considering the guidance offered, you can make more informed decisions and move forward with confidence and awareness.

Explore Tarot Readings with Psychic Light

Ready to gain clarity and guidance on your life's questions?

Discover the guidance and clarity a Tarot reading can offer. Connect with one of our experienced tarot readers from the comfort of your own home and explore insights into love, career, family, or personal growth.

Each session is tailored to your unique questions, letting you uncover new perspectives and take confident steps forward.



A few of Psychic Light Tarot Readers

At Psychic Light, our skilled Tarot readers bring a wealth of experience and intuition, each offering their own unique approach to guide you through life's questions. Explore some of our talented Tarot readers:



• Hope, PIN: 3203.

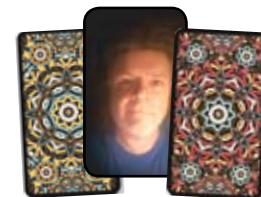
Hope has been reading tarot since the age of 16, using a traditional Golden Dawn deck. She specialises love and life path readings, and brings clarity, comfort, and transformation.

• Toby, PIN: 2333.

Toby is a natural clairvoyant of Celtic descent. He employs various tools to delve into the heart of matters, with his preferred method typically starting with Tarot and then progressing from there.

• Aelissa, PIN: 4444.

To Aelissa Tarot is the most versatile reader tool. She feels that the reasons and causes behind issues can be clearly seen; timescales are more accessible and probable outcomes clearer.





Magic Mystery & Mayhem! Now you see me: Now you don't

The latest instalment in the Now You See Me series, *Now You See Me: Now You Don't*, brings a dazzling blend of illusion, intrigue, and high-stakes adventure. For people drawn to the mystical and the unseen, this film offers more than just tricks; it's an exploration of perception, deception, and the hidden forces that shape what we believe to be reality!

A Heist of Epic Proportions

The story reunites the famed Four Horsemen: Danny Atlas, Merritt McKinney, Jack Wilder, and Henley Reeves, whose spectacular illusions have confounded audiences around the globe. This time, they face their most dangerous challenge yet: taking down Veronika Vanderberg, a formidable and enigmatic criminal mastermind portrayed by Rosamund Pike. Vanderberg's reach is vast, her secrets deep, and her charm as lethal as it is captivating. The Horsemen are joined by a younger generation of illusionists, and together they must outwit Vanderberg while navigating a labyrinth of betrayal, loyalty, and moral ambiguity.

Rosamund Pike: A Villain to Remember

Rosamund Pike, gracing our magazine cover; portrayal of Veronika Vanderberg is magnetic and menacing in equal measure. She isn't a villain who simply shouts and storms; her power is quiet, psychological, and pervasive. Watching her weave through the film's elaborate schemes is like witnessing a master illusionist in her own right, commanding attention and respect without a single flamboyant gesture. For fans of character-driven tension, Pike's performance is a spellbinding highlight.

Behind the Scenes: Crafting the Illusions

The filmmakers have taken the magic to a global scale, with visually striking sequences set in locations ranging from ornate European theatres to bustling cityscapes. Every scene is carefully choreographed, blending practical effects and cinematic wizardry to create illusions that feel tangible and thrilling. The actors themselves embraced the challenge, learning sleight-of-hand techniques and practicing stunts to ensure authenticity.

A Film for the Curious Mind

For those who delight in uncovering hidden layers and interpreting symbols, *Now You See Me: Now You Don't* offers a cinematic playground. The story teases clever twists and subtle misdirection's, inviting viewers to question what is real and what is illusion. It's a film that rewards attention and imagination, hinting that nothing and no one is exactly as they seem.

Should You Watch It?

If you're enchanted by mystery, drawn to the thrill of the unseen, or fascinated by the psychology of deception, this film will captivate. It's fast-paced, visually spectacular, and filled with clever surprises that challenge perception. On the other hand, if you prefer slow, meditative storytelling or deeply spiritual explorations, this is more of a magical spectacle than a philosophical journey.

In the end, *Now You See Me: Now You Don't* is a celebration of wonder, illusion, and the art of keeping audiences guessing; perfect for those who like their cinema with a touch of the mystical.

Released 14th November: <https://nowyouseeme.movie/>

Movie image: Courtesy of Lionsgate

Smoke & Mirrors

Guy Fawkes Night can be a really fun evening, watching a bonfire, lighting fireworks, holding a sparkler, eating yummy winter comforting food. However, when the dazzle of lights, explosions in the air and general spectacle is over – it leaves an opportunity to welcome in a moment of stillness, reflection and clarity, before the madness rushes in for the Christmas season.

Modern Distractions

In modern life we are constantly distracted, the noise of What's App groups, social media, 24/7 news coverage, and the shops always month's ahead of any impending celebration, mean much of the magical sense of the seasons can be lost in a cacophony of consumerism.

Trust Your Instincts

What is great to remember, is that the thinning of the veil that takes place around Samhain, doesn't just last that one evening. In fact, spiritual intuition can stay heightened in early November. You may find that you dream more, and you are more likely to remember what you have dreamed – are they trying to tell you something important? Perception is usually greater, so now is the time to trust your instincts!

Interpreting Your Psychic Senses

There is of course an element of interpretation to powerful psychic senses. It's important to realise that amplified intuition, can also amplify illusion – the shadow side of this time of year. Staying grounded and learning to discern your inklings will stand you in good stead, filtering your hopes, fears and emotions and dreams along the way. Why not try a simple ritual, that can help you to decide if something is genuine or smoke & mirrors? All you need is a candle, a match and a quiet space/time.

'Seeing Through the Smoke'

- Light your chosen candle, and focus on the flame. It's okay to be mesmerised by the display, try to see how it moves, how it flickers, the heat it gives off, the colours of any smoke, the shapes in the room etc.
- Try to slow your breathing, breathe deeply, and allow any external chatter, and negative thoughts to fade back. Until you can feel that you are at peace, and at one with the moment.
- When you feel calmer, close your eyes, and see if anything pops into your minds-eye. Do you notice any images, or do you feel any sensations in your body?
- If something is on your mind, ask your question now. This will allow you to determine if your intuition and instincts are true, or whether they are trickery?

This November, you can look beyond the glitz of Bonfire Night and Fireworks, to find your quiet voice from within. After the smoke has cleared, everything that remains will be what you knew to be real all along.

The Healing Power of the Sea

Written by Reader Sarah
PIN: 9888



Image: jart12239 / Shutterstock.com

In this article I thought I would take a slight diversion from my usual topics. I recently got back from a holiday to Greece where the sea and being in the sea was a major focus of my time there. I felt that now would be a good time to reflect on this and share insight into how unbelievably healing and beneficial being in and around the sea can be for us.

Although I am an Earth sign and my natural affinity is Earth, I find that the sea holds a very special place within my heart. From the first sea swim and snorkel I understand again just how much my body needs this to cleanse and rebalance itself.

The Mystery and Power of the Ocean

The sea is a force of nature that we cannot fully comprehend. As a race humans know less about the oceans and the bottom of the sea than they do about our neighbouring planets and moon! To fully reap the benefits of this amazing force it is always best to immerse either part of your body or your full body within it. Simply dipping your hands and feet into the ocean can have a major impact on your mind, body and spirit. However, to get the full effect and to be one with the ocean entirely I fully recommend being brave and either swimming or snorkelling if you ever get the chance.

Of course, the oceans are salt water, not our usual fresh water found in lakes and rivers. Salt water benefits have been known for decades and every civilisation has used it for health and spiritual cleansing. Salt and water are both incredibly effective natural and spiritual cleansers and when combined with the power of the sea and waves they take on an immense force.

Proven benefits of being in and around the sea are:

- Increased physical health. Swimming in the sea is harder than swimming in a pool. Waves and currents make your body work much harder. Obviously only ever try this if you are a competent and strong swimmer, and only in areas of the sea which are clearly labelled as safe for swimming.
- Natural exfoliation. The effect of salt water on the body naturally exfoliates and improves skin health, removing toxins and aiding poor skin health.
- Mental health Benefits - Sea swimming and simply being around the sea has been proven to lift mood, help with anxiety and promote overall mental wellbeing.
- Reduced inflammation - Sea and saltwater reduce inflammation in our bodies naturally.

If you do not feel comfortable actually being in or touching the ocean, then simply being in its presence also has many benefits. You can calm your mind and focus on the sounds and smells of the sea. Being in the presence of such a powerful force of nature is humbling and incredibly grounding.

How to embrace the sea in the colder UK months

As the colder months draw in here in the UK, many people are now discovering the practice of cold-water or sea swimming. The bracing chill of autumn and winter seas may at first feel daunting, yet it brings with it an extraordinary sense of renewal, vitality and clarity of mind. Cold water can boost circulation, strengthen the immune system and heighten our awareness of both body and spirit.

That said, it is important to treat this practice with the same reverence we give to the sea itself. Always swim with others, enter the water gradually, and know your limits — the healing benefits are greatest when we respect our bodies and stay safe. Even a brief dip or simply paddling at the shoreline in colder waters can be enough to bring a profound sense of refreshment and grounding.

<https://rml.org/safety/choose-your-activity/open-water-swimming>

Our Responsibility to Protect the Seas

I feel I also need to mention here our responsibility to the sea and oceans. They provide us with so many physical, mental and lifesaving benefits, yet over time human activity is causing our seas to slowly die. As a keen snorkeller often swimming far from the shore, I have seen this first hand and how fast the sea is changing year by year. It is important that we honour and protect our sea, even when we cannot ever fully understand it. Respect and care are

essential and small actions make a big difference. Next time you are spending time with the ocean, maybe take a second to pick up any pieces of plastic you find on the beach. Take a moment to consider local wildlife (above and below the waves) and be considerate in how you behave towards it.

The sea is a deeply powerful and spiritual force in our world. Something which is often taken for granted when we book our holidays, sit on sunbeds and drink our cocktails overlooking it. But taking a moment to really feel it, be one with it and escape into it holds so many benefits. I hope that the more people are enchanted by the sea, the more that people want to help and preserve one of nature's most powerful and beautiful forces.

Best wishes as always,
Sarah





COLOUR: Lilac **FOCUS:** Activating the Angelic Chakra to access angelic guidance.
CHAKRA - The Fifth Eye Chakra, sometimes referred to as the Angelic Chakra.

So, we have reached the final angel in our Rainbow of Angels series – Archangel Tzaphkiel. Above the Third Eye Chakra, there are two significant chakras. One is the fourth Eye Chakra, known as Soma in Sanskrit, meaning water. It balances the Solar Plexus Chakra's fire, promoting balance and harmony when activated.

The Fifth Eye Chakra, located at the forehead's top, is called Lalata in Sanskrit. In the New Age movement, it is often referred to as the Angelic Chakra. When fully awakened and activated, it empowers you to master your destiny and establish profound angelic connections daily. The Angelic Chakra resonates naturally with a very pale shade of lilac and embodies the Violet Ray of spiritual transformation combined with the White Ray of spiritual purity perfectly.

Physical Correlations - Balances and harmonises all parts of the physical body. This divine being clears blockages and provides relief from tension headaches.

Emotional and Mental Benefits - This angelic being aids in reducing feelings of restlessness, irritation, and worry. It is utilised for profound emotional healing, fostering tranquillity in a troubled mind. Lilac essence facilitates the release of external thoughts, impressions, and influences. It promotes objectivity and enhances concentration. Supportive in nature, it assists in letting go of addictions and addictive tendencies within one's character.

Spiritual Connections - Aids in both internal and external explorations, navigating altered realities, facilitating profound meditation. Acts as a portal to uncharted territories. Establishes connections with the angelic domain. Disperses spiritual ailments and outdated karmic cycles.

Discover the profiles of our many readers deeply connected to the Angelic realm at:
www.psychiclight.com/psychics/

Archangel Tzaphkiel embodies deep contemplation of God and represents the divine feminine watery aspect of creation. Tzaphkiel nurtures all beings, offering glimpses into other realities. Through faith, she bestows blessings that enhance understanding and imparts wisdom for spiritual growth. This archangel eliminates superficial elements hindering spiritual progress, fostering insight, mysticism, and discernment. By aiding in the development of one's feminine nature, Tzaphkiel assists in rebirthing into a higher consciousness where the heart opens fully and the soul's purity shines forth upon request.



Ref: The Angel Bible, Hazel Raven

Reader Profile

Robbie

PIN: 3443



Robbie is a gifted psychic medium, trance channel and healer who has devoted his life to guiding others to find clarity, healing and purpose. From a young age, he felt the presence of Spirit, developing his abilities within a meditation circle at church following the passing of his parents. Over the years, his natural talents as a clairvoyant and intuitive have deepened, allowing him to work closely with his guides – including Archangel Metatron and his Samurai guide, Yashubi – to bring wisdom, insight and comfort to those who seek his guidance.

Warm, compassionate and naturally humorous, Robbie has a unique ability to put people at ease. Many of his clients describe his readings as deeply uplifting, filled with kindness, light and encouragement. His natural empathy means he often feels the dilemmas of others as if they were his own, allowing him to connect on a profound level and provide solutions, guidance and inspiration in the moment. His healing work, infused with Reiki and Metatronic energy, has brought great change to those seeking wholeness and renewal.

Robbie's spiritual mission is sustained by regular meditation, prayer, trance channelling, yoga and alignment with the Divine. A dedicated raw vegan with a philosophy rooted in love and service, he believes that spiritual practice can bring health, fulfilment and peace to all.

For Robbie, each reading is not just about messages from Spirit, but about empowerment. He guides people to see their own potential and to move past barriers that may be blocking love, abundance, joy and self-belief. His sincere aim is for individuals to reconnect with their own passion and purpose, so they can move forward with clarity and confidence. Clients often describe feeling a renewed sense of hope and energy after a session, with many returning to him time and again for guidance and inspiration.

Above all, Robbie believes deeply in the power of transformation – both within individuals and in the wider world. His greatest joy comes from seeing people awaken to their potential and embrace the journey of the soul. Those who have worked with him return to express their gratitude, a testament to the lasting impact of his work. Robbie continues to share his gifts with sincerity and dedication, offering guidance in whichever way it is most needed.

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Astrology

With our
expert:

Chrystalyte

Welcome to Free Spirit's in-depth
horoscopes for November 2025



Aries

Mars drives energy forward in fellow fire sign Sagittarius from November 4th, helping to mitigate against the slow energy of Uranus retrograding back into Taurus the following week. That could feel like being grounded but maybe not in a way you would personally choose. So, there is quite a push-pull dynamic in the skies as a whole, which means two steps forward and one back. Even so, what comes easily warms the heart; what is harder generates the energy to sort out any problems. Remember to build in rest periods!



Taurus

Venus's exit from Libra may coincide with an energy swoop, relationship change or emotional shift around the 6th. The new Scorpio focus offers chances to go deeper where you can find extra value. Any sort of self-instigated change could feel powerful, particularly if you're putting an end to a bad habit, at least for a while. You may prefer to just hunker down and avoid anything too taxing, though, which could also prove beneficial! Tensions ease around the 26th, but anticipate a surprise or provocation near month's end.



Gemini

Mercury does its 'going retrograde' routine around November 10th – something it tends to do three times a year in all. And this is its last move in that mode before the new year. So, whilst a part of you may be warming up for festive fun and frolics, another part might prefer some laid back options. Maybe you can have the best of both worlds through practising Scandinavian Hygge rituals, with glowing lamps/candles, blankets and good company! Whilst plans may not all run smoothly, kind vibes could be decidedly comforting.



Libra

Venus exiting your sign and entering secretive Scorpio marks a sea change around November 6th. Being less sociable may feel more natural for a while. There could also be reasons to avoid certain people or places simply to minimise conflict or difficulty. The air can be cleared and more general clarity found around pretty much any tricky situation from around the 25th when Venus aligns neatly with Mercury. But some remedies could take extra time to take effect, so aim for patience as well as sensible action – plus any surprise developments!



Scorpio

Venus's move into Scorpio adds depth in relationship connections from around the 6th, but maybe also a need to recognise where too much silence or distance could be confusing. If something important needs to be discussed, the alignment of Venus and Neptune around November 25th adds a helping hand. With Mercury retrograde, it could be helpful, imperative even, to connect with the past and review how certain things were handled. You may realise you've done a better job than you originally had judged! Find power in releasing an unresponsive connection.



Sagittarius

Jupiter will shift to a retrograde motion pattern around November 11th – appearing to travel along a reverse path to most other planets. Which means that whatever you essentially believe in may well be under review. It could involve quite a shift of ideas, assumptions and attitudes, possibly influenced by other people or what's going domestically. But this might not be overnight as this pattern continues across a 4-month period into the middle of March 2026. So, you will have plenty of time to make adjustments that make the best sense.



Cancer

Seldom is there a stronger drive to pay attention to physical needs than when the full Moon occurs in Taurus, which it does around November 5th. Shoring up security becomes extra important, both on practical and emotional levels. Maybe you need to hear certain assurances from someone and feel confident they're true. You could be making financial adjustments that will set you well for the future, spotting where to end extra spending that's not so essential. The Scorpio new Moon on the 20th allows for a greater depth of experience.



Leo

The Taurus Full Moon on November 5th is where you meet your match, since Taurus and Leo belong to the group known as the fixed signs of the zodiac. This relates to a certain stubbornness that's essentially protective, in this instance putting your foot down about security issues. Do trust what's in your heart, without getting things out of proportion – since the full Moon does tend to magnify feelings. If in any doubt, then things may seem clearer between the 21st-23rd when the Sun links well with Neptune and Pluto.



Virgo

Since Mercury turns retrograde around November 10th and Jupiter does the same soon after, you can expect a change of pace. There may be opportunities to reconnect with others from the long, distance past, and you'll perhaps realise how well they thought of you. Virgo tends to be highly self-critical, and it could offer a real boost when you see that you made a positive impact in certain spheres. Jupiter in Cancer also reflects a level of care that might not have been evident before, but now opens to you.



Capricorn

There will finally be a let up, around 28th November, from Saturn's 4-month schlep in retrograde motion through Pisces, bringing more clarity and speed with projects that have been hard going or delayed. Put the flags out and celebrate! You may well get a pre-taster of this in mid-month when Saturn aligns harmoniously with the Scorpio Sun, helping things happen more easily. Connections with the past look especially helpful around the 22nd when Mercury makes a similar configuration. Be ready to seize opportunities, not just think about what might be.



Aquarius

While Uranus continues in a retrograde path, it slips back from Gemini to Taurus around November 8th, putting new plans a bit further back still. But when planets are retrograde it's a sure sign that past connections will matter – and with Uranus, it will be in some unexpected way. Maybe your eyes are soon opened to having had more success with something than you imagined at the time! With Taurus in the spotlight, the focus settles on how to build or rebuild something for a lasting quality and secure outcome.



Pisces

Neptune is now parked at 29 Pisces, a number known as a critical degree of any sign. It's probably not as bad as it sounds, in reality! But could prompt you to have a last go at something. Or to remember a task project you really have meant to get around to but has been relegated to the backburner. A message or hint from the past could well fan the fire again and give you the fuel and motivation to set things finally in motion. Go seize the day!



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